



## Healthy lives on the Island

Fun day focuses on a healthier lifestyle

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## Messin' about on the water

Kids have adventure for all at Shadwell Basin

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## Places to go, things to do

Find out what's happening in the borough this month

SEE GET A LIFE, INSIDE

ISSUE 1029 29 SEPTEMBER - 5 OCTOBER 2014

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# eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

# Shop offers hope to jobless

## SWAP SHOP

AN old Japanese folktale, in which a poor peasant swaps his way out of poverty and becomes a millionaire, has inspired a Wapping resident to launch an unusual fund-raising project. Between now and World Refugee Day on June 20, 2015, Charlie Yaxley (right) hopes to swap a series of items of increasing value, and then auction the final one to raise money for Syrian refugees.

Continued on page 3



BY JAMES MARTIN

**A NEW social venture has opened in an abandoned supermarket in Poplar that will support homeless people and offer opportunities to those struggling to find work.**

Emmaus Enterprises, in East India Dock Road, includes a clothes shop staffed by local volunteers, a social enterprise café,

and workshops where apprentices will learn new skills including the 'up-cycling' of donated furniture.

Speaking on Friday after the centre opened, project director Mark O'Brien said: "We want to be a community hub here. It's not just a shop selling second-hand stuff; we want people to get involved."

Continued on page 2

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# Have your say

The consultation on the upgrade of Cycle Superhighway 2 runs until November 2. See it and respond at...

CONSULTATIONS.TFL.GOV.UK/CYCLING/CS2-UPGRADE

## News

**East End Life** is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.

Tel: 7364 3179 Fax: 7364 4917

Email: eastendlife.news@towerhamlets.gov.uk



**Editor** Laraine Clay

Tel: 7364 3179

**Deputy Editor** Helen Watson

Tel: 7364 3173

**Reporter**

Jessica Odubayo

Tel: 7364 4365

**Photos**

Kois Miah

Tel: 7364 3253

**Advertisement Manager**

Sharan Ahmed

Tel: 7364 4061

**Senior Advertising Sales**

**Executive**

Christine O'Doherty

Tel: 7364 4994

**Senior Advertising Sales**

**Executive**

Fatima Khan

Tel: 7364 4623

**Advertising Production**

**Controller & Sales Executive**

Terri Gornall

Tel: 7364 4682

**Distribution Manager & Finance**

Abdul Miah

Tel: 7364 0474

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## Plans to make cycling safer

Transport for London is consulting on proposals to introduce kerb and wand-separated cycle tracks between Whitechapel and Aldgate, and new junctions to separate cyclists from other traffic.

SEE BELOW

## Social enterprise at supermarket

Continued from page 1

Mr O'Brien added that "several hundred" people had gone to the centre near Chrisp Street Market in its first afternoon.

"There's been a huge amount of interest. It's been amazing. We opened the doors at 12 today and there was virtually a stampede through the door."

The centre is the first of its kind in the capital and one of a series of local projects being planned by the social enterprise across east London over the coming years.

Tom Harris, 26, works for the We Walk The Line café, also a so-

cial enterprise, which trains young people to run their own mobile coffee stations.

He said: "Young people will feel they have much more invested through the franchise scheme as it's essentially their own business."

Customer Angela Benjamin, from Poplar, said: "The last shop here never sold anything. The shelves were always half-empty. It was always very run down. But this new place is great."

The centre has 12 volunteers and currently has interest from 20 more people.

Emmaus Enterprises – a subsidiary trading company of Emmaus UK – aims to set up



Chrischarie, Chareiss and Shiyah enjoy the books in store

businesses, which take waste, add value and generate profit for its parent charity.

Founded in Paris after World War I, the charity operates in 20 countries around the world.

## 'Revise cycle proposals'

BY SARAH MCLAUGHLIN

**THE mayor of London is being urged to revise plans for the upgrade of Cycle Superhighway 2 to make it safer for cyclists and pedestrians and to protect Whitechapel market.**

Transport for London (TfL) launched a consultation on the proposals to upgrade the cycle route between Aldgate and Whitechapel last week.

TfL says the proposals have been designed to greatly improve safety and comfort for cyclists. They include creating kerb and wand-separated cycle tracks along the route and new junctions to separate cyclists from other traffic.

But Mayor Lutfur Rahman

has written to Boris Johnson expressing his concerns about how the planned changes will operate in practice.

Mayor Rahman has been calling for cycling safety measures for the last two years, but he said that while he welcomed Mr Johnson's commitment to review the designs, he had some major concerns about the proposed changes in the Whitechapel area.

"I am disappointed with the proposals offered because of the impact they will have on the market. The design is also flawed in ensuring cycle safety, as well as in the impact it will have on pedestrians," he said.

"Whitechapel market is a vibrant and busy shopping

street with both street stalls and shops. It is one of the oldest street markets in London and I would not like these proposals to prevent it from prospering."

Announcing the upgrade, Mr Johnson said: "In east London, it feels like the bicycle is already a fifth limb for anyone under 30. But this route... will mean that everyone from children to pensioners – people of all ages and experience levels – can share the joy and freedom of cycling, in safety and with confidence."

He added: "I understand that some London businesses object to these schemes and I will do everything I can to address my critics' concerns."

Mayor Rahman's full letter to Mr Johnson can be read on the council website at

[www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

The consultation on the upgrade of Cycle Superhighway 2 runs until November 2.

Details of the proposals and how to respond to the consultation can be found at <https://consultations.tfl.gov.uk/cycling/cs2-upgrade/>

Residents can find out more and discuss the proposals with members of the project team at Idea Store Whitechapel, Lab 1a, 321 Whitechapel Road, E1 on the following dates: Sat, Sept 27, 11am-3pm; Tues, Oct 7, 3-7pm; and Fri, Oct 10, 10am-2pm.

Paper copies of plans and response forms are also available – email [consultations@tfl.gov.uk](mailto:consultations@tfl.gov.uk), write to Freepost TFL Consultations, or call 0343 222 1234.

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## Folktale focus for fund-raising project

An old Japanese folktale, in which a poor peasant swaps his way out of poverty and becomes a millionaire, has inspired Charlie Yaxley to launch an unusual fund-raising project for refugees.

SEE BELOW

## Singles not allowed

It is illegal to sell cigarettes singularly and to sell tobacco products of any type to anyone under 18.

SEE BELOW

### News

# Fine for selling one cigarette

BY SARAH MCLAUGHLIN

## THE owner of a Bethnal Green shop has been fined for selling a single cigarette to a child under the age of 18.

Sumsu Zzuha, owner of E2 Minimart in Bethnal Green Road, pleaded guilty on September 11 at Thames Magistrates' Court and was fined £400 with

costs of £100 and victim surcharge of £20.

The shop owner was prosecuted after a police officer witnessed the sale of a cigarette to a schoolchild at the minimart. It is illegal to sell cigarettes singularly and to sell tobacco products to anyone under 18. Zzuha was not present in the store at the time of the offence but, as the owner, he is responsible for the actions of his staff.

The magistrates said he was given previous warnings and the shop clearly had a reputation for selling single cigarettes to underage children.

The council has been working with the police on 'Op Singles' to combat the problem of single cigarette sales to schoolchildren and to educate retailers on their responsibilities under the law.

For best practice guidance, advice

and support on selling age-restricted products, contact the council's underage sales and responsible trader scheme on 7364 5008 or email [tradingstandards@towerhamlets.gov.uk](mailto:tradingstandards@towerhamlets.gov.uk)

If you know of a trader who is selling single cigarettes contact the consumer and business regulation service on 7364 5008 or email [tradingstandards@towerhamlets.gov.uk](mailto:tradingstandards@towerhamlets.gov.uk)

A DAY of action targeting anti-social behaviour and suspected criminal activity on a Bethnal Green estate uncovered live chickens (one of which is pictured below) in a flat, counterfeit wines and weapons.

Members of the Police Partnership Taskforce led the operation on the Collingwood Estate earlier this month.

A quantity of suspected counterfeit wines and a faulty CCTV system were found at a newsagent in Brady Street and RSPCA officers were

alerted after housing officers discovered 12 chickens being kept in the lounge and balcony areas of a flat in Ashington House.

And during a weapons and drugs sweep of the estate, police found a knife and an adapted screwdriver.

Housing and police officers visited residents involved in causing anti-social behaviour and issued verbal warnings to the tenants responsible.



## Swap scheme could be key to a better life

Continued from page 1

Launching Swap for Syria on World Humanitarian Day in August, Charlie exchanged a brass key for an article in The Guardian newspaper by author and novelist Neil Gaiman.

Charlie, who works for the United Nations Refugee Agency, said a brass key symbolised the refugee struggle.

"Refugees often have little time to take anything with them but the clothes on their back and a few small items," he explained.

"Some take their house keys in the hope of one day returning home. Many may never get that chance."

The folktale also led Charlie to the story of Kyle Macdonald who swapped his way from a red paperclip to a house.

"It would be great if Swap for Syria was as successful as that," the 25-year-old said.



Charlie swaps an article with author Neil Gaiman

"I'm hoping the charitable aspect to the project may even help surpass it, but as long as it raises a reasonable amount I'll be happy."

Now, he is asking people to get in touch with items for a po-

tential swap. Visit [www.swapforsyria.org](http://www.swapforsyria.org) for more details.

### News in brief

#### Killing verdict

A TEENAGER from the Bow area has been found not guilty, of murdering a 43-year-old woman.

The 16-year-old boy was cleared on the grounds of insanity at the Old Bailey last Thursday, September 25, but given an indefinite hospital order.

Police were called to Sandall House in Daling Way, Bow on February 12 this year where they found Fatima Bibi with severe head injuries and a wound to her chest. London Ambulance Service were called and Ms Bibi was pronounced dead a short while later.

The teenager was arrested at the scene on suspicion of murder and subsequently charged.

#### Charity bike stolen

A SPECIAL bicycle used by a charity, which runs an inclusive cycling club, was stolen from Victoria Park.

Bikeworks, which works with people with learning, physical and psychological needs, and other health conditions, said the bike went missing at about 10.30am on Wednesday, September 24, from near the Lock House Gate entrance to the park in Grove Road, Bow.

Call the police on 101 or Bikeworks on 8980 7998 with information about the missing black Giant Boulder mountain bike.



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## SCOTT WAITES

Residents of Bancroft Estate and members of Bancroft Tenant Management Co-operative have been greatly saddened to learn of the death of their former chair and founder member of the Co-op, Scott Waites who sadly passed away on the 1st September, aged 73.



Scott lived in Colebert Avenue, in the heart of the estate and had been resident in Bethnal Green for most of his life. Scott was well known and respected in the local community. He was also well known to officers and councillors in Tower Hamlets as someone who spoke out strongly on behalf of his community.

In the late 1980s and early 1990s, Scott, along with other residents on Bancroft Estate, worked tirelessly to set up and run the Tenant Management Co-operative which is still providing services to local residents to this day. Without Scott's and others' determination and community spirit, residents would not be enjoying the benefits of a resident led organisation, in the heart of the east end. Scott always fought to ensure Bancroft residents got the best deal from the council and gained the right to be in control of their own estate. The Co-op employed its own staff and ran its own budget with funding negotiated from the council. Scott, over the course of many years, was a leading figure in those negotiations. Over time, Scott stood down as Chair of the Co-op but he continued to play an active part and strived to hold the Co-op's Management & Management Committee accountable. Anyone who was present at meetings which Scott attended can testify to his strong spirit and his strong will. He was a fighter and a campaigner. Local residents, whether they knew him or not, have benefitted from his efforts and good intentions. He will be missed. Our thoughts and prayers go to Scott's wife, Barbara along with family and friends.

For more information, please contact  
Margaret Clarke,  
Housing Officer, Bancroft TMC  
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SEE BELOW

## Palace for the people

Queen Mary's Mile End campus began life in 1887 as the People's Palace, with educational and social activities.

SEE BELOW

## News

# 'Bully' brothers jailed for motiveless killing

BY STAFF REPORTER

**TWO brothers who left a man to drown in the freezing waters of Shadwell Basin in an unprovoked attack, have been jailed for manslaughter.**

Amran Chowdhury, 27, and his brother Misba Chowdhury, 24, both of Whitney Avenue, Ilford, were found guilty at the Old Bailey of causing the death of 20-year-old Ibrahim Ghrib.

The court heard that on the evening of March 18, 2010, Ibrahim had been drinking with his 17-year-old girlfriend beside the water's edge in Garnet Street, Wapping.

Amran Chowdhury, who had also been drinking that day, was with his girlfriend inside a nearby block of flats overlooking the basin.

At about 9.25pm, he left the flat after making a short phone call. Minutes later he was joined in Garnet Street by several men, including his brother.

The group, wearing hoods, approached Ibrahim and his girlfriend.

One of them snatched a bottle from the girl and hit her across the head with it, knocking her to the ground.

In her dazed state she became aware the group had surrounded Ibrahim, who was behind her near the water. She was hit again and knocked unconscious.

When she came round the group had run off and she could hear Ibrahim shouting from the 12-metre deep water.

Her screams alerted a passer-by who tried to reach Ibrahim but was beaten by the freezing



Amran (left) and Misba Chowdhury were jailed for six and five years respectively

temperatures. Another man, who heard noises from his nearby flat, also raced to help and jumped into the basin but was unable to save Ibrahim.

London Ambulance Service and the police were called and Ibrahim's body was recovered the following morning by a police underwater search team. Cause of death was later given as drowning.

Amran Chowdhury's phone was also recovered from the scene. Police searched what was then the Chowdhurys' home in Chamberlain House,



Ibrahim Ghrib

Cable Street the same day where Misba Chowdhury was arrested.

His brother handed himself in at Limehouse police station on March 22.

Last Wednesday, September 24, Amran Chowdhury was jailed for six years and Misba Chowdhury was jailed for five years.

Amran Chowdhury's then girlfriend Steffi Rai, 27, from Birmingham, was convicted of perverting the course of justice by helping him evade arrest and will be sentenced on October 3.

After the pair were sentenced, investigating officer DC Darrell Etchells said: "No motive has ever been discovered for the attack but I hope Ibrahim's family can find some peace in the fact that the jury are satisfied the Chowdhury brothers were responsible for his death.

"The judge described the Chowdhury's as 'cowardly bullies' – a description that cannot be disputed given the facts of this case."

### News in brief

#### Alleyway to close

AN alleyway in Whitechapel is set to be granted the borough's first gating order.

Following consultation this summer, residents backed proposals to see block Kings Arms Court closed to end criminal action and disturbance such as prostitution, drug dealing, fouling and fly tipping.

Consultation was launched following numerous complaints to the council, police and One Housing Group.

Residents of Kings Arms Court apartments as well as staff and residents of the all-female Hopetown Hostel were becoming alarmed and distressed.

Final consultation on the proposed gating order is planned to take place in November.

Cabinet member for community safety Cllr Ohid Ahmed said: "I am pleased most residents have responded positive-

ly to the idea for gates at either end of Kings Arms Court."

#### Uni joins top 100

QUEEN Mary University in Mile End has been ranked among the top 100 universities in the world.

The higher institution has risen almost 50 places in the last two years, and is now 98th in the latest edition of the QS World University Rankings.

Professor Simon Gaskell, principal and president of Queen Mary, said: "The improvement in our ranking is a tremendous achievement that stems from the hard work and achievements of all our staff.

"It is also evidence of Queen Mary's increasingly prominent role in global academia, and a sign of our ongoing reputation as a destination for the very best students, inspiring teachers and leading researchers from across the world."

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## Get a little help to get online for free

THE council is launching its GetOnline campaign with a day of free activities at Idea Store Whitechapel, on Monday, October 8 from 12-5pm.

It aims to highlight free internet access in the borough, and the free help that is available to build up internet skills.

Residents who register at the

will be entered into a prize draw to win an iPad Mini.

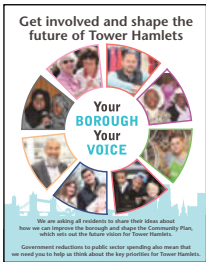
To find your nearest free internet access site, call your local Idea Store on 7364 4332.



# £100m to be saved

Public sector cuts mean savings of £100 million need to be made by the council over the next three years.

SEE BELOW



# Your Borough Your Voice

The council wants to hear from all residents, service users and stakeholders about how it can work differently and deliver services in a new way. Have your say at My Tower Hamlets or go to...

WWW.TOWERHAMLETS.GOV.UK/YOURBOROUGH

## News

As part of the Your Borough Your Voice consultation campaign, the council is asking residents to share their ideas about how we can improve the borough and continue to meet the needs of the community, particularly as funding reductions impact on the public purse. **Susan Mulligan** asked people in Bethnal Green Road about their priorities.

**KENNY Raji, from Bethnal Green, believes GP surgeries and vulnerable adults should be a priority.**

"It's scary. Where do we go for healthcare if we don't have a local GP?"

"I think the council should take the lead on helping older people too. It's important that they have the services that they need – day centres where they can meet people and ensure they're not alone.

"And I don't think there is enough for homeless people. Why should they have to live on the street?"

**Older people are a priority for Karen Cummings, from Mile End.**

"They really need help and local services. What we did have in the borough was shut down some time ago, leaving some of our older people quite isolated.

"It might help if there was more to do in the community. Not just one-off projects, but ongoing, sustainable community initiatives where we can all mix together on a regular basis.

"The council should think about engaging teenagers and finding ways to keep them from hanging around the streets

# Support for older residents and jobs for younger people



“Where do we go for healthcare if we don't have a local GP?”

Kenny Raji



“Older people need local services... so they can mix together regularly.”

Karen Cummings



“A solid and active community means the streets stay safe for all.”

Cyril Arlain

need more care too. They may have Meals on Wheels services, but where is the one-to-one support, the opportunities to take them out in the community – or day care centres where they can meet?”

**Funmi Oyeniran said services for children must be a priority.**

"There isn't enough for children under the age of ten. They are entitled to local, good quality play areas.

"We need more local, professional jobs too. Rent prices – particularly in the private sector – are already ridiculous, and they're getting higher.

"How can we pay this amount of money when our salaries stay the same?"

**Anel Khalil would like to see more childcare programmes in the summer.**

"I work and there was nowhere nearby for my daughter to go during the holidays.

"I also think there need to be more productive programmes to help people into work. Too often a course will just go nowhere. There needs to be a focus on supporting people into placements and good jobs."

**Abdul Bali would like landlords to be more attentive.**

"I live in a private block, and the lift doesn't work. It would be useful if landlords listened to their tenants and kept the accommodation at a decent level. We pay enough rent!

"I also think we need more enforcement officers on the street for issues like loud music on a Friday night."

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too. I don't think that youth clubs attract all young people, and there needs to be something for them to do."

**Maureen Fisher also believes older people need more services.**

"There really isn't enough to help the elderly to meet locally, and it is really important for those who live on their own.

"I don't think things should be moved online. It's just unsociable, and no-one knows how to access things properly that way."

**Cyril Arlain, from Poplar, says the council should prioritise funding more in the community.**

"It should be supporting community centres where people can learn skills that will help them move into employment.

"Local organisations are good at getting people on board, and can deliver really useful things. There's a great cooking course in Roman Road, for instance.

"A solid and active community also means that the streets stay safe, and that is important for everyone."

**Helping people into employment is important for Maydul Islam.**

"I think it's important to have local opportunities for young people. Perhaps the schools and council could work together to create more opportunities?"

**Philomena Griffin agreed: "There needs to be more employment opportunities for people with children who can't travel far because of childcare.**

"Maybe there could be some run by the community?"  
And she added: "The elderly

Submit your views online (see top) or send your views to Your Borough Your Voice at the Town Hall, 5 Clove Crescent, Poplar E14 2BG. **The consultation ends on October 5.**





## Become a reading buddy

Idea Stores offer a range of volunteering roles for young people such as being a reading buddy and helping out at The Writeidea Festival literary event in November. To find out more visit...

[WWW.TOWERHAMLETS.GOV.UK/IDEASTORE](http://WWW.TOWERHAMLETS.GOV.UK/IDEASTORE)

## Travel insurance

"We recommend that pilgrims take out travel insurance to protect themselves and their families."

CLLR OHID AHMED

## News



TEENAGERS who gave up their summer break to help children read were treated to a party for their hard work. More than 150 volunteers took part in the Summer Reading Challenge, encouraging children to read six books or

more over the summer break with incentives, activities and events designed to create an interest in reading. The Idea Stores recruited volunteers from secondary schools to partner up with children and help them with

their chosen books and creative writing. This year more than 4,000 children took part in the reading challenge and the volunteers played a big role. Mayor Lutfur Rahman said: "I would like to thank all of our volunteers for giving up

their free time to be a part of this important scheme." The council hosted an awards ceremony on September 19 at Idea Store Whitechapel followed by a party for the volunteers.

### News in brief

#### Hajj crackdown

TRADING standards officers are teaming up with a national task force to tackle illegal Hajj tour operators.

Every year Hajj pilgrims across the country fall prey to unregulated tour operators, and National Trading Standards have created a task force to assist local authorities to tackle illegal Hajj operators.

Tower Hamlets trading standards officers have been conducting inspections of tour operators in the borough.

Formal action is currently being taken against one trader and investigations are continuing into four others.

Cllr Ohid Ahmed, cabinet member for community safety, said: "Make sure you book your pilgrimage with an ATOL (Air Travel Organiser's Licence) bonded operator – this will

mean that your money is protected if the operator ceases trading, and that you won't be stranded abroad."

The council also recommends that pilgrims take out travel insurance.

#### Free teen projects

TEENAGERS aged 13 to 19 can take advantage of a range of free projects and workshops taking place every Thursday at 6.30pm from October 2 and on Saturdays, 2-5pm, from September 27 at the Brady Arts Centre.

Projects can lead to achieving an Arts Award. Workshops on offer include fashion, textiles, performing arts, music and drama. Work will also begin soon on the next youth production based on the hidden heroes of World War I.

Email [geraldine.bone@towerhamlets.gov.uk](mailto:geraldine.bone@towerhamlets.gov.uk) or call 7364 7911.

# Keep healthy for Hajj pilgrimage

BY SARAH MCLAUGHLIN

**RESIDENTS who are embarking on Hajj this year are being encouraged to be health aware when travelling.**

Every year thousands of Muslims from the UK travel to Mecca and Medina, in Saudi Arabia, to perform their pilgrimage. Hajj is obligatory for all Muslims to perform at least once in their lifetime as long as they have the financial, physical and mental ability to do so.

A council health and safety officer has visited nearly 30 travel agents across the borough that specialise in Hajj packages and provided health information for them to give to customers.

The information covers essential information about how best to prevent ill health such as diarrhoea and other

food- and water-borne diseases such as typhoid and hepatitis when travelling to Mecca for the holy pilgrimage.

All travellers for Hajj, or to any Middle Eastern country, are urged to consult with their GP to ensure an up-to-date vaccination record and to take simple precautions to prevent food poisoning and other infectious diseases.

These include maintaining a good level of personal hygiene, washing hands before eating or preparing food, drinking bottled or treated water and avoiding contact with animals.

Mayor Lutfur Rahman said: "Hajj is a special time for those who make the pilgrimage. It's important that the health advice is heeded to ensure a safe and fulfilling time at Hajj."

This year, there has been an increasing health concern from Public Health England for those

travelling to Saudi Arabia due to a virus called Middle East respiratory syndrome (MERS). This is a viral respiratory illness with flu-like symptoms such as fever, coughing and shortness of breath, and has a high fatality rate.

It is still unclear where the virus comes from, although there are indications that it can be caught from camels.

The risk of MERS to travellers is considered low and the advice is to wash hands regularly, avoid close contact with sick people and animals, and avoid consuming raw camel milk or camel products.

If you have any concerns about health or travel issues for Hajj contact the council on 7364 5008 or email at [healthandsafety@towerhamlets.gov.uk](mailto:healthandsafety@towerhamlets.gov.uk)

For further information visit [www.NaTHaC.org](http://www.NaTHaC.org) or [www.gov.uk/phe](http://www.gov.uk/phe)

## Train to be a Primary Teacher



with the London East Teacher Training Alliance

LETTA is an alliance of schools in Newham and Tower Hamlets. This is an innovative training route which allows you to train in a school and gain a PGCE, with an expectation of employment once you finish. You need to be a graduate with at least a 2:2 degree, or gaining your degree by July 2015.

To find out more about School Direct with LETTA, and how to apply for Sept 2015, come along to our information meeting.

You will need to register, in order to attend.

**Tuesday, 14th October**  
**4.30pm – 5.30pm**  
at Bygrove Primary School,  
Bygrove St, London E14 6DN

You need to register via email to:  
[letta@bygrove.towerhamlets.sch.uk](mailto:letta@bygrove.towerhamlets.sch.uk)

Please state Information Meeting in the subject bar.  
Places are limited so please apply asap.







## Top marks for the Royal London

"All our patients deserve to be cared for in a clean, safe environment and our staff are also keen to provide high-quality care, while knowing that their patients are comfortable."

REZA MIAH, PATIENT ENVIRONMENT MANAGER AT BARTS HEALTH NHS TRUST

### Useful information

# An opportunity to get checked

## News from Barts Health NHS Trust

**IF you have a blood test at one of our emergency departments between October 13-20, you can expect to be offered a routine test for HIV, hepatitis B and hepatitis C.**

Our health campaign, Going Viral, aims to diagnose people early to offer treatment and reduce the risk of transmission.

In a first for the NHS, every emergency patient who gives blood for tests at the Royal London, Newham and Whipps Cross hospitals will be asked if they are happy to have it also tested for HIV, hepatitis B and hepatitis C.

In east London, four to five times as many people are living with HIV than the national average, with six per 1,000 people in Tower Hamlets infected. Hepatitis B rates in east London are double that in the rest of the country (2.7 per cent) and one quarter of people in the UK with hepatitis C live in London.

Anyone testing positive will be informed by the hospital within two weeks and referred to a specialist clinic for care.

Led by Barts Health, we will be joined by emergency departments at hospitals across London and the UK in a joint effort to prove that routine screening of people most at risk will save lives.

Dr Chloe Orkin, consultant physician at Barts Health NHS Trust and spokeswoman for Going Viral, explained: "I would urge everyone who is offered the test to take this important opportunity to get checked."

"Advances in treatment make this an excellent time to test. HIV and hepatitis B can be well treated with tablets, and more than 80 per cent of people with hepatitis C can now be cured with new medications available. We can also vaccinate family members against the risk of contracting hepatitis B."

**THE Royal London Hospital is celebrating after patients gave it top marks when rating their experience.**

Patients, their relatives and members of the public took part in Patient-Led Assessments of the Care Environment (PLACE) – an annual, mandatory inspection led by NHS England to review all NHS care environments.

The inspections provide useful information about how we can improve the experience of patients, their families and visitors.

All hospitals at Barts Health NHS Trust scored above the national average for cleanliness; privacy, dignity and well-being; and condition, appearance and maintenance.

The results show that the Royal London Hospital has improved in all areas since 2013, achieving high scores of 99.9 per cent for cleanliness, 93.3 per cent for privacy, dignity and well-being, and 97.8 per cent for condition, appearance and maintenance.

The quality of food at the hospital has also improved by three percentage points. Volunteers regularly visit our sites to take part in food tastings, ensure that signage is easily understood and talk to patients.

Any concerns are then communicated to hospital staff who work with the volunteers to make improvements.

Since the PLACE assessment at the Royal London Hospital this year, feedback has delivered improvements including regular monitoring of alcohol gel facilities in patient areas, and increased checks to toilets in the outpatients department to ensure cleanliness.

Reza Miah, patient environment manager at Barts Health NHS Trust, said: "All our patients deserve to be cared for in a clean, safe environment and our staff are also keen to provide high-quality care, while knowing that their patients are comfortable."

## Chemist rota

**Pharmacists in Tower Hamlets with extended opening hours.**

### E1

**ABC Drug Stores**, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

**Beck & Sherman**, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

**Sainsbury's**, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

## Advice

**East London Parkinson's Support Group**

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

**Family Information Service (FIS)**

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

**Alzheimer's Society Tower Hamlets**

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

**Tower Hamlets Advocacy Project**

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

**Parents Advice Centre (PAC)**

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9.30am-3.30pm. 364 6489

**Chapel**, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

### E2

**Fairdale**, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

**Florida**, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

### E3

**Bell**, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

**Forward**, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

**Green Light**, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

**Lincoln**, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

**Tesco**, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

### E14

**Boots**, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. **Britannia (Perimart)**, Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

## Doctors

**Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.**

**Tower Hamlets National Childbirth Trust**

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

**Breastfeeding Support Centres**

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

**Free home fire safety advice**

From the London Fire Brigade 08000 28 44 28

## Careers advice

**Tower Hamlets Careers Service**

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

**TH Lifelong Learning**

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

**Careers advice**

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm. Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343

## LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

## Free Advice

Benefits, housing, immigration.

Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.

7987 9379

## Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies.

Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.

7364 3727 or email skillsmatch@towerhamlets.gov.uk



## Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email [eastendlife.news@towerhamlets.gov.uk](mailto:eastendlife.news@towerhamlets.gov.uk) and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

Issue no. ....

Page no. ....





## Support for flourishing communities

"We are committed to ongoing support for the thriving arts and leisure communities. I am proud of the wealth of activities available across the borough, and the difference they can make."

MAYOR LUTFUR RAHMAN

## Worth the effort

"When I see a child or adult suddenly managing to cycle a few metres it makes everything worthwhile."

JANICE DJELLOUL

### Council focus: arts and leisure

Tower Hamlets has a thriving community which is supported by the council to take part in, and deliver, a huge variety of arts and leisure activities across the borough. **East End Life** caught up with some residents who let us know what had made a difference to them.

# Creativity, circuits and cycling

**THE council's A Team Arts, based at the Brady Centre in Whitechapel, believes all young people have creative potential.**

Theatre, textiles, murals, design, new technologies, dance and music are all used to encourage youngsters to learn, discover and experiment.

Rahemur Rahman, 23, has been going along to the centre in Hanbury Street since he was 15, and says the arts programmes not only helped him secure a university place at Central St Martin's, but also a work placement with prestigious bag designer Louis Vuitton.

He explained: "After doing my Futureversity course with A Team Arts one summer, I found myself growing as a creative individual, looking at things from a completely different perspective to how I would have previously.

"It helped me get an internship at Louis Vuitton in my gap year, producing incredible designs, including bags which went on sale in their stores."

Rahemur added: "No matter where I roam, I will remember A Team Arts, and the strong community spirit that guided me to where I am now."

Mayor Lutfur Rahman said: "As a council, we are committed to ongoing support for the thriving arts and leisure community in Tower Hamlets. I am proud of the wealth of activities that are available to our residents



Rahemur Rahman

across the borough, and the difference that they can make."

Cabinet member for culture Cllr Shafiqul Haque said: "Arts and leisure activities are an excellent source of learning. They allow residents to discover talents that they may not

have known about previously."

In 2014/15 there will be continued investment in leisure facilities with further improvements planned for Victoria, Bartlett, Stepney Green and St John's parks as well as at John Orwell Sports Centre.

### Over the past year, the council has:

- opened a new Idea Store in Watney Market with 320,000 visits in the first ten months
- improved sports and leisure facilities, including at St George's Pool, Victoria Park and Stepney Green
- delivered the People's Plaque scheme to recognise and honour the diversity of voices which make the history of Tower Hamlets.



FITNESS coach Delroy Salmon, 45, has been enjoying outdoor circuit training sessions held as part of the Our Parks Scheme.

"I've always been into sports – I used to box as a kid – but when you get older you start to notice changes in your body, changes that make you want to be healthier," he said.

"Since I've started being more active in the parks I feel more flexible, breathing is much easier

and I've felt a huge boost in my energy and self-confidence. "I love how everything is done as a community in Tower Hamlets. There are six sessions a week, so you have the chance to meet a bunch of different people. "I know I'm not just speaking for myself when I say it's not only motivational but it's also a brilliant opportunity for those who would like to keep fit but just can't afford to go to the gym."

## Community pedal power

**LAKHDAR and Janice Djelloul set up Tower Hamlets Cycling Club after seeing first hand the value of community sport.**

Janice said: "Shortly before we became involved in community sport, my husband Lakhdar was involved in an accident, sustaining head and back injuries.

"With seven children under eight years old, it was difficult to relax as my time was divided between looking after my children and husband.

"However, as Lakhdar recov-

ered he started cycling, and before long cycling had become his therapy – a relief from pain and a chance to improve his health.

Lakhdar also discovered Tower Hamlets' summer sports programme: "This was something I could bring my children to and people there helped out.

"Two of my eldest began archery and got so good they were chosen for the Youth Games.

"When we discovered there was no cycling club in the bor-

ough, Lakhdar and I became cycling instructors. We now run multiple sessions and welcome people from all walks of life.

"If you really care about the community and have a sport which you enjoy doing, then it isn't too difficult to get something started, because of the support available from the council and other organisations.

"It does take time and effort, especially in applying for grants to actually run the club, and most of it is voluntary, but the result is well worth it."

## You could be a teaching superstar

To find out more please come along to our information day on 9 October 2014, 10am - 1pm

We need enthusiastic people who may be looking to kickstart their career as a teaching assistant and use their skills to make a real difference. In partnership with HCT Learning Centre we are running a 14 week course, 2 days a week from November.

Our information day will be held at Eastside Youth & Community Centre, 6 Parnell Road, E3 2RB.

To qualify you need to be getting JSA, ESA or Income Support, unemployed and aged over 19. For more information contact the Information Advice and Guidance Team.

0208 981 9393 or email [justin.brett@circle.org.uk](mailto:justin.brett@circle.org.uk)





## Share your school news

If you have interesting news and activities taking place at your school, let us know.

CALL 7364 4365



## Don't miss Too Tough To Teach?

The first episode of this two-part, fly-on-the-wall documentary follows pupils including Matthew (left) as he joins Ian Mikardo School. It airs on Monday, September 29 at 9pm on Channel 5.

SEE BELOW

### Schools news



IAN Mikardo School believes it has one of the UK's coolest dining rooms after it remodelled its canteen as a US-style 1950s diner, complete with a jukebox. The art department designed the re-fit, which follows the introduction of an on-site chef who cooks to order, using organically sourced food.

"We want our students to be healthy and we want them to have fun too," said head teacher Claire Lillis. "It's stylish, great for socialising, and as we look at the self-portraits of former students on the walls, we think about them at college and in their working lives, and remember the fantastic progress they've made."

## A new approach to support youngsters

BY IAN READ

**RESIDENTS have the chance to see inside one of the borough's outstanding schools in a fly on the wall TV documentary starting this week.**

A team from Channel 5 have been filming at Ian Mikardo School in Bromley-by-Bow for several months for the programme which begins on Monday, September 29 at 9pm.

The two-part programme, *Too Tough To Teach?*, about the special school for boys with behavioural problems, will reveal the unique approach of

staff working with vulnerable young people.

Head teacher Claire Lillis said: "I'd like to suggest that maybe there is a different approach to supporting and developing vulnerable young people. We work on developing empathy.

"Our boys often hide their vulnerability behind street bravado, and you have to get behind that to work with them. This can be uncomfortable and difficult but if you stay with it there can be a transformation."

Ian Mikardo High School has been rated outstanding by Ofsted three times in a row, most recently in June this year.

The programmes will at times be controversial but viewers will see how the school's unusual approach to working with students, who sometimes display difficult behaviour, leads to improved outcomes for many.

The first episode follows 14-year-old Matthew and Ray, 16, a promising boxer who is trying to control his anger.

If you miss the first episode you can watch it on Demand 5 at <http://www.channel5.com/shows/too-tough-to-teach/episodes/episode-1-678>

You can see a trailer at [www.youtube.com/watch?v=TDEGekexO7s](http://www.youtube.com/watch?v=TDEGekexO7s)

## BLACK HISTORY MONTH

OCTOBER 2014



© Gabriele Galimberti/INSTITUTE

**Celebrating African, Caribbean and Black British Arts, Culture and History**



MAYOR OF  
TOWER HAMLETS

Brochures available online or at libraries, Idea Stores, One Stop Shops and venues across the borough.

[www.towerhamlets.gov.uk/arts](http://www.towerhamlets.gov.uk/arts)



@thevents  
@towerhamletsnow



TowerHamletsEvents



## Prof Byron heads prestigious guest list



Prof Byron (centre) talks with Morpeth sixth formers

**SIXTH form students got their new school year off to an inspiring start at Morpeth School with a motivational talk from Professor Tanya Byron.**

The clinical psychologist, who advises the government on adolescent mental health, is also a newspaper columnist, the author of numerous books and presenter of TV programmes.

Head teacher Jemima Reilly said: "We invited Prof Byron to be the first of a planned programme of prestigious speakers. Our aim is to expose our sixth formers to people from different backgrounds, vocations, experiences, interests and passions in order to challenge their thinking and broaden their own knowledge and experience."

Prof Byron said that as

society has tried to eliminate risk and failure, it has created a culture where children are surrounded by anxiety and pressure. As a result, she is treating more children suffering from conditions such as anorexia, depression and self-harm.

The talk ended with a Q&A session and psychology students were invited to stay on for further discussions.





## Public health initiatives

Tower Hamlets Public Health team works with the council and external partners on initiatives including helping residents get more active, eat more healthily and quit smoking.

[WWW.TOWERHAMLETS.GOV.UK/PUBLICHEALTH](http://WWW.TOWERHAMLETS.GOV.UK/PUBLICHEALTH)

## Healthier Islanders

The Healthy Island Partnership supports the health and wellbeing of people living on the Isle of Dogs.

[HEALTHYISLANDPARTNERSHIP.CO.UK](http://HEALTHYISLANDPARTNERSHIP.CO.UK)

### Health news

# Tasty Caribbean food is rockin'

BY ANNA WILSON

**YOUNG people will be encouraged to eat more healthily thanks to a new scheme offering an alternative to the ever-present fried chicken and chips.**

A vendor serving healthy, tasty Caribbean street food will be set up for a six-month period in Stepney to offer school children a healthier lunch option.

Yvette Thomas, founder of Soul Food Rocks, will be serving her affordable dishes starting this Monday, September 29, from around 11am until 4.30pm every Monday to Friday during term-time.

Arts charity Create and behaviour change organisation We Are What We Do are working with the council to trial the scheme, which will see the street food stall sited on Estate Road, just off Ben Johnson Road, a route near secondary schools.

A pilot in Newham last September saw

(Right) Yvette Thomas, founder of Soul Food Rocks, in her kitchen



more than 1,000 portions sold by a healthy vendor, of which 383 were sold to young people (28 per cent) and the remainder to adults in the community.

Ninety-five per cent of customers agreed

or strongly agreed that the food was tasty and 90 per cent agreed or strongly agreed that they wanted Box Chicken to continue trading.

Nick Stanhope, chief executive from We Are What We Do, said: "The Box Chicken pilot showed that we can get tasty, affordable food choices into areas dominated by unhealthy options, and offer young people a genuine alternative."

"We want to create businesses that can be popular, healthy and financially sustainable that can grow and have an impact across London."

Mayor Lutfur Rahman said: "Tackling the growth of unhealthy fast-food outlets in the borough is a concern and educating young people to develop healthy eating habits is also a challenge."

"This vendor offers a great alternative by giving young people cheap and healthy food. I hope the trial will be a success and rolled out throughout the borough."

The street food will be sold at an affordable price (meals under £2.50) to compete with its cheaper, less-healthy competition.

The pilot has been commissioned by Tower Hamlets Public Health with Stepney and St Dunstan's ward forum as part of one of their community priorities.

Dr Somen Banerjee, director of public health at the council, said: "The public health team will be working closely with We Are What We Do and encouraging local schools and those working with young people to promote Soul Food Rocks and monitor how well it is being received."

The trial will seek to establish which foods and which vending style appeals most to the young clientele so that a sustainable model can be set in place for the future.

For more information on We Are What We Do, visit [www.wearewhatwedo.org](http://www.wearewhatwedo.org)

## Shortlist for health award

**THE borough's health body responsible for commissioning health services has been shortlisted in a national awards scheme.**

Tower Hamlets Clinical Commissioning Group (CCG) has been shortlisted in the Clinical Commissioning Group of the Year and Improving Care with Technology categories in the 2014 Health Service Journal (HSJ) awards, which champion best practice and innovation in the health sector.

There are more than 200 CCGs across the country and Tower Hamlets is one of six shortlisted for CCG of the Year.

Its nomination outlined some of the initiatives that it has put in place to improve services, such as an urgent care triage system within the local A&E department and the development of diabetic care packages.

Dr Sam Everington, chair of Tower Hamlets CCG, said: "With the support of our community, the council and other health and social care partners we have worked hard to make the new commissioning system work."



Ignacio, 4, and Lila, 3, on the bouncy castle



Two-year-old Zara



Aria, 2, plays the xylophone

RESIDENTS took part in activities encouraging them to enjoy a healthier lifestyle at an event held by the Isle of Dogs Children's Centre and the Healthy Island Partnership last weekend. There was a strong focus on health and healthy lifestyles, with a GP and nurse giving advice and information on ailments and immunisations, information from the school health team, as well as advice on oral health.

Held on Saturday, September 20 in the centre and in Millwall Park, activities included lessons in the art of making fresh fruit smoothies and Zumba exercise taster classes.

Members of the sustainable travel charity Sustrans organised bicycle racing games and Dr Bike ensured that children and adults got their bikes, scooters and prams checked for safety.

Children enjoyed the day, taking part in egg and spoon and cycling races, having their faces painted and making the most of a bouncy castle.

With Breast Cancer Awareness Month approaching, the Bosom Buddies were there to give advice about the 'the small c' campaign encouraging women to look for signs of the disease, plus healthy lifestyle advice from the Health Trainers team.



(Left) Michael, 3, tries out a tricycle with a friend



# Tower Hamlets Digital Bazaar

**8 October 2014  
12-5pm  
at Idea Store  
Whitechapel**

**Enter a draw for the chance to  
win an iPad Mini.**

Be part of the Tower Hamlets  
Get Online campaign.  
There's something for everyone.  
Have your family portrait taken,  
and then email it to yourself.

Enjoy a day of free digital activities  
for all the family at Tower Hamlets  
Digital Bazaar. Learn digital skills  
and find out what you can do  
online.



Download free  
music and  
e-magazines



Become part of  
Tower Hamlets  
volunteering  
programme



Try a simulation  
of the UK's  
driving theory  
tests



Look for jobs  
quickly and  
easily



Find an online  
Buddy and get  
ongoing  
support to get  
online



Take charge of  
your health  
through  
NHS Choice



Get online  
money advice



Send your first  
email

UK **onlinecentres**™



# IT'S NOT TOO LATE TO START A COURSE!



**AGED 16-18? STILL LOOKING FOR A COLLEGE COURSE?**  
PLACES STILL AVAILABLE ON SOME COURSES

**OPEN EVENT**  
WEDNESDAY 1 OCTOBER  
POPLAR CAMPUS, 4-7PM

**REALISE YOUR POTENTIAL**

**[www.tower.ac.uk/lateplaces](http://www.tower.ac.uk/lateplaces)**







## Happy to be an outsider

Barnett was a perennial outsider, clinging to a Cockney accent he could have (like many of his contemporaries) conveniently lost on his journey from Stepney to Kensington Gore.

## Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at [johnrennie@gmail.com](mailto:johnrennie@gmail.com)

SEE BELOW

[WWW.EASTLONDONHISTORY.COM](http://WWW.EASTLONDONHISTORY.COM)

### History

# The Cockney artist who earned the establishment's stamp of approval

BY JOHN RENNIE

**THE film could be one of Harry Enfield's Cholmondley-Warner skits. A pukka, ramrod straight civil servant in clipped tones tells another chap that his stamp design 'has been approved by the committee'.**

Man number two, in a Cockney accent that hasn't existed this side of Ealing comedies, replies that he'll 'get straight on to the job'.

The acting is wooden, the result unintentionally hilarious (to modern eyes at least). But this was no fiction, rather the high point of a young designer's life, which had started in sickness and poverty.

It was the recreation of the day that Barnett Freedman learned he'd won the commission to design 'the King's Stamp'.

Even by the standards of a poor East End upbringing, Freedman had a tough start. His parents were impoverished Jewish immigrants from Russia and their son never got beyond primary school. Even that cursory education was curtailed by illness – with the young Barnett spending most of his years between nine and 13 bedridden.

But with an extraordinary energy, he would overcome all his obstacles to become a successful painter, lithographer, designer, lecturer and even TV and radio celebrity. First though, there was that childhood to overcome.

Barnett was born on May 19 1901 at 79 Lower Chapman Street in Stepney. You won't find it on a map now. Most of the Victorian buildings are long gone, and it's been renamed Bigland Street.

The school buildings are still there though, the old Lower Chapman Board School is now reborn as the Darul Ummah Community Centre.

But if Barnett spent little time in the classroom, his hospital days weren't idle – he read voraciously, played music and – crucially – learned to draw and paint.

At 15, Barnett felt sufficiently well to take his first job – his drawing skills noted by a monumental mason, who gave him an apprenticeship as a draughtsman.

Paid a few shillings a week, designing over and over again the lettering for gravestones, it may have been tedious and repetitive but it was a superb training in typography, and for five years he spent his evenings studying at St Martin's School of Art, progressing to a job in an architect's office.



Barnett's stamps



The Darts Champion



A poster for the Underground



Barnett in the year he designed the stamp

His extraordinary determination showed in his applying (and failing) three years running for the London County Council scholarship in art, which would have let him study full-time at the Royal College of Art.

Finally, in bloody minded desperation, he sought out the RCA director William Rothenstein and thrust his portfolio into hands. Rothenstein, impressed, gave him a place and persuaded the LCC inspectors to provide a grant of £120 a year.

Eight years later, Barnett was teaching on the staff. Students remember him as a fearsome tutor, not suffering fools gladly, but kind and generous with his time to aspiring artists who worked hard.

"I think he pretended to be a harsh kind of person but he was very good to a lot of people," remembered one acquaintance.

Freedman himself never seemed to stop. As well as teaching, he painted and produced huge amounts of commercial work: posters for the London Underground and Lyons Corner Houses, some 40 book jackets (an early admirer noted that Barnett's designs had

the knack of catching the eye of bookshop browsers). His early work on stone seemed prescient as he became a pioneer of autolithography, developing the process of transferring his designs on to heavy stone plates which were then used for printing.

Life was periodically interrupted by ill health: in 1929 he had to take a year off work. But ignoring the dictum that 'those who can – do; those who can't – teach', Barnett did both in the vital and youthful atmosphere of the RCA in the post-WWI years.

Henry Moore and John Tunnard, Eric Ravilious and Edward Bawden were there, and in 1932 he was made Instructor of Still Life (testament to those drawing skills honed in an East End infirmary bed), and shortly after he was made a teacher at the Ruskin School of Drawing in Oxford.

Barnett was a perennial outsider, dismissive of authority and convention, clinging stubbornly to a Cockney accent that he could have (like many of his contemporaries) conveniently lost on his journey from Stepney to Kensington Gore.

One night, jumping into a black cab, fag dangling from his lip, he instructed the cabbie to take him to the Atheneum Club. "What, you?" came the sceptical reply. But in 1935 came the commission that sealed his approval by the Establishment.

The stamps are beautiful. Complex yet simple, a marvellous combination of the solemnity of the King's head in profile and the ebullience of Freedman's lines and typography. A stamp is a tiny canvas, and the design must be pared down yet striking enough to leap from the envelope.

Take a trip to YouTube and search for 'the King's Stamp'. There you will find the short by the GPO film department (yes there really was such a thing once) which follows Freedman as he works on paper, then transfers to stone, all the while the stubby cigarette clenched in his mouth.

Come the Second World War and he did his bit as a war artist. There are pictures of him standing atop bombed London buildings, easel at hand. He crossed to France with illustrators Edward Ardizzone and Edward Bawden, both noted illustrators, and in 1941, with the fall of France, was transferred to the Admiralty.

He spent the remainder of the war working with the Navy recording life in submarines and battleships.

Life was personally satisfying. In 1930, had he married Claudia Guercio, who he met at art school, and who he memorialised in the best way he knew how – creating a beautiful typeface called 'Claudia'. The couple had a son, Vincent.

And if he didn't get the sales he wanted for his paintings – only in the 21st century is Freedman starting to be recognised as the important artist he was, with prices at auction rising commensurately – there were plentiful commercial commissions: BP, the Post Office, Shell-Mex, Ealing Films, book jackets for Faber and Faber.

And he carved out a further niche, appearing on TV and radio programmes. Questioned about art and artists, he was never short of a pithy and forthright opinion.

Barnett was never perhaps destined for long life, though he packed at least three careers-worth into a short one. He died peacefully in his chair, in his studio in Kensington, at just 57. Of his childhood in the East End there is no memento, not even the old street name. Barnett Freedman joins the long list of important East Enders unjustly denied a Blue Plaque.



# Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



# অক্টোবর মাসব্যাপি উদযাপিত হবে ব্ল্যাক হিস্ট্রি মাস

সংখ্যালঘু সম্প্রদায়ের ইতিহাস-ঐতিহ্য-কৃষ্টি ও সংস্কৃতি তুলে ধরতে প্রতি বছরের মতো এবারও আসন্ন অক্টোবর মাস ব্ল্যাক হিস্ট্রি মাস হিসেবে নানা আনুষ্ঠানিকতার মধ্য দিয়ে পালিত হবে। টাওয়ার হ্যামলেটস্ কাউন্সিল এ উপলক্ষে মাস ব্যাপি ৭৫টিরও বেশি অনুষ্ঠানের আয়োজন করেছে। বিস্তারিত পড়ুন নিচে

BLACK HISTORY MONTH BONANZA

## Harmony

# Ololaha sigaar joojinta gobolka

## Stop smoking this October – issue 1028

**DADWEYNAHA waxaa lagu dhiirigelinayaa, in ay sigaar dhuuqista iska joojiyaan bisha Oktoobar, taasi oo qaybka ah ololah qaran ee Stoptober.**

Kawnsulka, adeega caafimaadka deegaanka iyo ururada bulshada ayaa daahfur ugu sameeyey ololaha, cusbitaalka Royal London, haqlkaas ee dadweynaha lagu dhiirigelinayey in ay ay fraraha ka qaadaaan sigaar cabista.

Sigaar cabbistu, waa ta ugu weyn ee sobobta in aad geerida yaraanta, sannad walbana waxaa loo tiruyaa in ay galaafatay in ka badan 100,000 dhimasho dalkan UK. Badhitaan la sameeyey ayaa

lagu cadeeyey qof afar todobaad ka maqnaad cabistiisa in aanu dib ugu laabanayn.

Adeegyada deegaanku waxay xaqiijiyeen in guul oo waxaa bishii Juun iyo Abriil in in ka badan 350 qof joojiyeen sigaar cabista.

La talaiyaasha sigaar joojintu, waxay xaadiy ku yihiin goobahan.

■ Khamiis kasta, 11am-2pm waa Idea Store Bow, Gladstone Place, Roman Road, E3

■ Jimca kasta, 11am-1pm waa London Chest Hospital, Bonner Road, E2

■ Khamiis, Sebtemnar 25, 10am-4pm waa Brady Arts Centre, 192-196 Hanbury Street, E1

■ Jimce, Sebtembar 26, 12.30-2pm waa Masaajidka Bariga, 46 Whitechapel Road, E1.

Kooxda sigaar ee Royal London Hospital waxay bilaabayaa Arbacada, Sebtembar 24 at 5.30pm at 55 Philpot Street, E1 – wac 0800 169 1943 or 7882 8230 si aad isku diiwaangeliso oo boos uga hesho.

Axdiga sigaar joojinta si aad qalinka ugu duugto booqon [www.smokefree.nhs.uk/stoptober](http://www.smokefree.nhs.uk/stoptober)

GP-yada iyo farmasiyada deegaanka ayaad ka heli kartaa macluumaadka sigaar joojinta iyo goobaha adeega sigaar joojinta. Faahfaahin dheeraad ah booqo [www.towerhamlets.gov.uk/stopsmoking](http://www.towerhamlets.gov.uk/stopsmoking)



## Tower Hamlets celebrates its young carers

শিক্ষা, প্রশিক্ষণ কিংবা কর্মসংস্থানের ক্ষেত্রে গুরুত্বপূর্ণ পদক্ষেপ নিতে কম বয়সীদের সাহায্য করার লক্ষ্যে গত ১৮ সেপ্টেম্বর কাউন্সিলের উদ্যোগে অনুষ্ঠিত হয় টার্গেটেড ইয়ুথ সাপোর্ট (টিওয়াইএস) ফেয়ার। বিশেষ এই মেলায় সম্প্রতি চালু হওয়া শর্ট ব্রেক আরবান জিমকে প্রমোট করার পাশাপাশি বারার ইয়াং কেয়ারার অর্থাৎ কিশোর তরুণ বয়সী পরিচার্যাকারীদের সাফল্য ও অবদানকে স্বীকৃতি দেয়া হয়। উপরের ছবিতে ইয়ুথ ওয়ার্ক ও কর্মকর্তাদের সাথে কয়েকজন ইয়াং কেয়ারারকে মেডেল হাতে দেখা যাচ্ছে।

# সামার রিডিং চ্যালেঞ্জের স্বেচ্ছাসেবীর কাজের স্বীকৃতি দিতে বিশেষ অনুষ্ঠানের আয়োজন

## Teens who created a reading buzz celebrated – page 7

এবারের সামার ব্রেক বা গ্রীষ্মকালীন ছুটির সময়টাকে যেসকল কিশোর তরুণ বয়সীরা শিশুদের বই পড়ায় উদ্বুদ্ধ করতে বিনিয়োগ করেছিলো, তাদের জন্য গত সপ্তাহে আয়োজন করা হয় বিশেষ এক অনুষ্ঠানের।

সামার হলিডের পুরো সময়ে বাচ্চাদের বই পড়ায় উদ্বুদ্ধ করতে সারা দেশের মতো টাওয়ার হ্যামলেটসে এবারও অনুষ্ঠিত সামার রিডিং চ্যালেঞ্জ। আর এই চ্যালেঞ্জ সফলভাবে সম্পন্নে ১৫০ জনের মতো তরুণ স্বেচ্ছাসেবী অংশ নেয়।

এই চ্যালেঞ্জের অংশ হিসেবে প্রতিটি শিশুকে

কমপক্ষে ৬টি বা ততোধিক বই পড়তে অনুপ্রাণিত করতে বিভিন্ন ধরনের অনুষ্ঠান, পুরস্কার, প্রণোদনা ইত্যাদির ব্যবস্থা করা হয়। শিশুদের বই পড়তে ও সৃজনশীল লেখায় সহযোগিতা করতে বারার আইডিয়া স্টোরগুলো সেকেন্ডারি স্কুলগুলো থেকে ভলান্টিয়ার নিয়োগ করে।

গুরুত্বপূর্ণ এই কার্যক্রমে নিজেদের ফ্রি সময় দেয়ার জন্য ভলান্টিয়ারদের ধন্যবাদ জানিয়ে নির্বাহী মেয়র লুতফুর রহমান বলেন, অন্যের মধ্যে যে বিপুল সম্ভাবনা রয়েছে, তার বিকাশ

ঘটাতে তাকে সাহায্য করার নিয়োজিত হওয়ার আনন্দটাই আলাদা।

এ বছর বারার ৪ হাজার শিশু এই সামার রিডিং চ্যালেঞ্জে অংশ নিয়েছে। এক্ষেত্রে ভলান্টিয়ারদের ভূমিকা ছিলো খুবই গুরুত্বপূর্ণ।

সামার রিডিং চ্যালেঞ্জে স্বেচ্ছাসেবী হিসেবে দায়িত্ব পালনকারী সেকেন্ডারি স্কুল শিক্ষার্থীদের কাজের স্বীকৃতি দিতে কাউন্সিল গত ১৯ সেপ্টেম্বর হোয়াইটচ্যাপল আইডিয়া স্টোরে আয়োজন করে বিশেষ এই এওয়ার্ড বিতরণী অনুষ্ঠানের।

# Dokumentari dugsiiyeed

## Tower Hamlets school in TV documentary – page 10

**DOKUMENTARI hor leh ayaa todobaadkan bilaanmayaa, kaasi oo lagu soo baddhigayo, habka gaar ah oo uu leeyahay dugsiga Tower Hamlets.**

Waxbarista aadka u adag? waxaa lagu muujin doonaa hawlaha shaqaalaha dugsiga sare ee Ian Mikardo High School ay qabtaan iyo culayskooda

xad dhaafka ah. Barnaamijkan labada qaybood ka koobani ee dugsiga gaarka ah ee wiilasha anshax xummada qaba, ayaa laga siin deyn doonaa chanaal 5, 29ka Sebtembar iyo Oktoobar 6da. Dhokomentarigani waa natijadii hawlaha bilooiyinka qaadatay ee dugsiga, soo saarayaasha iyo kawnsulka.

Madaxa dugsiga Claire Lillis

ayaa tidhi: “Hadduu judha hora-ba la waajaho dhibaataada dhallinyarada, in horumar weyn lagu samayn karo anshaxooda iyo noloshoodaba.”

Dugsigan Bromley-by-Bow school, waxaa lagu qoomeeyey darajada ah heersare, ay u garatay Ofsted sidex goor oo isku xiga, oo kii ugu danbeeyey ahaa bishan Juun ee sannadkan.

# La tashiga dadweynaha

## Public savings consultation – issue 1028

**WELI waqtiba u hadhay daweynuhu in ay ka qaybqaataan la tashiga beekhaaminta ee kaw-sulka ka wado gobolka oo dhan.**

Waa gobolkaagi, waa codkaagii oo ujeedadiisu tahay in la qeexo baahiyuhiisu siday u kala mudan yihiin, madaama ay dawladda dhexe garoocis-teedii, ay raad ku yeelatay

dhaqaalihii Tower Hamlets. Dhammaan kawnsulada way haysataada dhaqaala xummadu, ilaa haddana kawnsulka Tower Hamlets wuu la tacaalay raadkay ku yeelatay garoocista dhaqaalaha ee dawlada dhexe, isaga oo ku guuleystey on uu ilaaliyo adeegyada lagama maarmaanka ah ee safka hore.

Kawnsulku halkaas ayuu ka sii wadi doonaa in uu hawlihi-

isa ka sii guto, laakii waxuu doonayaa in uu daweynaha kala tashado sida ugu wacan oo aragtiyahooda maqlo.

Faahfaahin dheeraad ah booqo [www.towerhamlets.gov.uk/YourBorough](http://www.towerhamlets.gov.uk/YourBorough) ama saxeex My Tower Hamlets, websaytka kawnsulka [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

La tashigani wuxuu xidhmayaa 5ta Oktoobar.



এ প্রসঙ্গে মেয়র লুতফুর রহমান বলেন, ব্ল্যাক হিস্ট্রি মাস সাপোর্ট করতে পেরে এবং বহু সংস্কৃতির মানুষের অবদান ও প্রভাবে এই বারা ও গোটা দেশ যেভাবে সমৃদ্ধ হচ্ছে, তা উদযাপন করতে পেরে আমি গর্ববোধ করছি।

কেবিনেট মেম্বার ফর কালচার, কাউন্সিলর শফিকুল হক বলেন, আমাদের এই সমাজে কালো সংখ্যালঘু সম্প্রদায় যে অবদান রেখে চলেছেন, তার প্রতি কৃতজ্ঞতা জানানোর মাস হলো অক্টোবর। আমি আশা করছি স্থানীয় বাসিন্দারা এ উপলক্ষে আয়োজিত বিভিন্ন অনুষ্ঠান উপভোগ করবেন।

ব্ল্যাক হিস্ট্রি মাস উপলক্ষে আয়োজিত বিভিন্ন কর্মসূচির অংশ হিসেবে আইডিয়া স্টোরগুলোতে সাপ্তাহিক আর্টস এন্ড ক্রাফটস সেশন এবং হ্যারিটেজ ও আইডেন্টিটি ওয়ার্কশপ সহ বিভিন্ন কর্মসূচি অনুষ্ঠিত হবে।

ব্ল্যাক হিস্ট্রি মাস এর সকল অনুষ্ঠান ও কর্মসূচি জানতে [www.towerhamlets.gov.uk/arts](http://www.towerhamlets.gov.uk/arts) এই ওয়েবসাইট ভিজিট করতে অথবা আইডিয়া স্টোর থেকে প্রোগ্রামের কপি সংগ্রহ করতে অনুরোধ করা হয়েছে।





## ডিজেবল বাসিন্দাদের জন্য ভিক্টোরিয়া পার্কে বিশেষ অনুষ্ঠান

ডিজেবল বাসিন্দাদের জন্য টাওয়ার হ্যামলেটস্ বরায় কী ধরনের সহায়তামূলক সার্ভিসসমূহ রয়েছে, তা তাদেরকে অবহিত করতে এবং বারার পার্কগুলোর ব্যবহার ডিজেবলদের জন্য অধিকতর সহজীকরণে তাদের অভিজ্ঞতা ও অভিমত জানতে সম্প্রতি ভিক্টোরিয়া পার্কে আয়োজন করা হয় বিশেষ এক ফান ডে অনুষ্ঠানের। বিস্তারিত পড়ুন নিচে -

MAKING PARKS ACCESSIBLE FOR ALL

## Harmony

## ডিজেবল বাসিন্দাদের জন্য ভিক্টোরিয়া পার্কে অনুষ্ঠিত হলো বিশেষ অনুষ্ঠান



### Making parks accessible – pages 16 & 17

ডিজেবল বাসিন্দাদের জন্য টাওয়ার হ্যামলেটস্ বরায় কী ধরনের সহায়তামূলক সার্ভিসসমূহ রয়েছে, তা তুলে ধরতে এবং বারার পার্কগুলোর ব্যবহার ডিজেবলদের জন্য অধিকতর সহজীকরণে তাদের অভিজ্ঞতা ও অভিমত জানতে সম্প্রতি ভিক্টোরিয়া পার্কে আয়োজন করা হয় বিশেষ এক ফান ডে অনুষ্ঠানের।

১৭ সেপ্টেম্বর ডিজেবিলিটি এওয়ারেনেস ডে উপলক্ষে টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে আয়োজিত বিশেষ এই অনুষ্ঠানে ২ শতাধিক পার্ক ব্যবহারকারী কর্মশালায় যোগ দেন। এছাড়া তারা কাউন্সিলের স্পোর্টস্ টিমের প্রজেক্ট, টাওয়ার প্রজেক্ট, ডেফ প্রাস এবং হ্যাকনি ওয়ান।

শিক্ষণ সংক্রান্ত প্রতিবন্ধকতা রয়েছে এমন প্রাপ্ত বয়স্কদের কারিগরি দক্ষতা বৃদ্ধি ও স্বাধীন-ভাবে চলাচলে সহায়তা করে থাকে কমিউনিটি গ্রুপ কোর প্রজেক্ট। আপাসাস্থ বিভিন্ন ধরনের সোশ্যাল কেয়ার এবং কমিউনিটি সাপোর্ট সার্ভিস প্রদান করে আসছে।

সামাজিক ব্যবসা ক্রিয়েট এর সদস্যদের দ্বারা পরিচালিত স্টলে জ্যাম ও ঘরে তৈরী সামগ্রী বিক্রি করা হয়।

দিনের অন্যান্য কার্যক্রমের মধ্যে ছিলো টেনিস, কারলিং, হকি, বোলস্, স্টুডি বাইকস্ ইত্যাদি।

আপাসাস্থ এর একজন সার্ভিস গ্রহিতা সূমন বলেন, বিভিন্ন ধরনের কার্যক্রমে সম্পৃক্ত হতে পারাটা খুবই আনন্দের। বিশেষ করে নিউ এজ কার্লিং, যা আমি প্রথম অলিম্পিকে দেখেছি, তা খেলতে পেরে আমি খুশি হয়েছি।

অনুষ্ঠানে উপস্থিত বাসিন্দাদেরকে বারার পার্কগুলোর ডিজেবল ফ্যাসিলিটিজ সম্পর্কে রেটিং প্রদান করতে বলা হলে সংখ্যা গরিষ্ঠ “ভালো” রেটিং প্রদান করেন।

নির্বাহী মেয়র, লুতফুর রহমান বলেন, সকল পর্যায়ের পার্ক ব্যবহারকারীর চাহিদা ও প্রয়োজনীয়তা সম্পর্কে জানার ক্ষেত্রে এ ধরনের ইভেন্ট খুবই গুরুত্বপূর্ণ। বারার ডিজেবল জনগণ যাতে নিজে নিজে স্বাধীন ভাবে জীবন যাপন করতে পারেন, এবং আমাদের প্রতিদিনকার সকল কার্যক্রমে ডিজেবলদের জন্য সমতা নিশ্চিত করতে আমরা কঠোর পরিশ্রম করে যাচ্ছি।

কেবিনেট মেম্বার ফর কালচার, কাউন্সিলর শফিকুল হক অনুষ্ঠানে বিপুল সংখ্যক লোকের উপস্থিতিতে গভীর সন্তোষ প্রকাশ করে বলেন, এই অনুষ্ঠানে যোগ দিতে এসে লোকজন তাদের জন্য গুরুত্বপূর্ণ সার্ভিসগুলো সম্পর্কে যেমন জেনেছেন, তেমনি পরস্পরের সাথে আলাপ পরিচয় হওয়ারও সুযোগ পেয়েছেন।

অনুষ্ঠানে যোগদানকারীদের অভিমতগুলো নিয়ে কাউন্সিলের পার্কস্ টিম এখন কাজ করছে, যার আলোকে ভবিষ্যত কর্মপরিকল্পনা গ্রহণ করা হবে।



Molly, 4, and Elsie, 6, enjoy the day

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

## ঐকতান

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7364 4944

### News in brief

#### ঈদুল আযহা উপলক্ষে

#### মেয়রের শুভেচ্ছা বাণী

নির্বাহী মেয়র লুৎফুর রহমান ঈদুল আযহা উপলক্ষে বারার মুসলিম কমিউনিটি সহ সকলকে ঈদ শুভেচ্ছা জানিয়েছেন।

এক শুভেচ্ছা বার্তায় তিনি বলেন, ঈদুল আযহা হচ্ছে আত্মত্যাগের সূমহান চেতনায় ভাস্বর। প্রতি বছর পবিত্র হজ্জের সমাপনীতে ঈদুল আযহা আমাদেরকে ত্যাগের চেতনায় শানিত করে। ধর্মীয় উৎসবের মূল চেতনাই হচ্ছে সৌহার্দ্যপূর্ণ ও সম্প্রতিময় সমাজ বিনির্মান এবং হিংসা, বিদ্বেষ, কুটিলতা বিসর্জন দিয়ে নিজেকে মানুষের কল্যাণে নিঃস্বার্থভাবে নিয়োজিত করার দৃঢ় প্রত্যয়ে বলীয়ান হওয়া।

“ঈদের সূমহান চেতনায় উদ্বুদ্ধ হয়ে সকল কমিউনিটির শান্তিপূর্ণ সহাবস্থানের অনন্য জনপদ ‘এক টাওয়ার হ্যামলেটস্’ গড়ার চলমান প্রচেষ্টায় সামিল হতে” নির্বাহী মেয়র লুৎফুর রহমান বারার প্রতিটি বাসিন্দার প্রতি আহ্বান জানিয়েছেন।

#### হজ্জ পালনকালে স্বাস্থ্য

#### সচেতন থাকুন

টাওয়ার হ্যামলেটস্ থেকে যেসকল বাসিন্দা এবার পবিত্র হজ্জব্রত পালনে সৌদি আরবের মক্কা মদিনায় যাচ্ছেন, তাদেরকে নিজেদের স্বাস্থ্য সম্পর্কে অধিকতর সচেতন থাকার জন্য বলা হয়েছে।

কাউন্সিলের হেলথ এন্ড সেফটি অফিসাররা হজ্জ প্যাকেজ অফারকারী বারার ৩০টি ট্রেভেল এজেন্ট পরিদর্শন করেন এবং হজ্জ গমনেচ্ছুকদেরকে দেয়ার জন্য স্বাস্থ্য সম্পর্কিত তথ্যাবলী হস্তান্তর করেন।

হজ্জে যাচ্ছেন কিংবা মধ্যপ্রাচ্যে বেড়াতে যাচ্ছেন এমন সকলকে ভেকসিনেশন রেকর্ড আপ-টু-ডেট কি-না, তা নিশ্চিত করতে জিপির সাথে পরামর্শ করার জন্য অনুরোধ করা হয়েছে।

সৌদি আরবগামীদের মধ্যে মার্স ভাইরাসে আক্রান্ত হওয়ার ঝুঁকি এখনও অনেক কম। তারপরও সকলকে নিয়মিত হাত ধোয়ার, অসুস্থ্য ব্যক্তি ও রোগাক্রান্ত পশুর সংস্পর্শ থেকে দূরে থাকা, উটের কাছ থেকে দূরে থাকা এবং উটের কাচা দুধ পান থেকে বিরত থাকতে পরামর্শ দেয়া হয়েছে। সম্ভব হলে নিয়মিত মাঙ্ক ব্যবহার করতেও বলা হয়েছে।

#### হজ্জ প্যাকেজের নামে

#### প্রতারণা রোধে তদন্ত

#### অভিযান চলছে

অবৈধ হজ্জ ট্যার অপারেটরদের বিরুদ্ধে অভিযান চালাতে ন্যাশনাল ট্যাক্স ফোর্সের সাথে মিলে কাজ করছেন টাওয়ার হ্যামলেটসের ট্রেডিং স্ট্যান্ডার্ড অফিসাররা।

সামর্থবান প্রত্যেক মুসলমান জীবনে অন্তত একবার হজ্জব্রত পালনের জন্য মক্কা ও মদিনায় যান। দুঃখজনক হলেও সত্য, প্রতি বছরই সারা দেশে হজ্জব্রত পালনে ইচ্ছুক অনেক ব্যক্তিকে অনিয়ন্ত্রিত ট্যার অপারেটরদের খপ্পরে পড়তে হয়। তাই অবৈধ হজ্জ অপারেটরদের মোকাবেলায় স্থানীয় কর্তৃপক্ষকে প্রয়োজনীয় সহযোগিতা করতে

ন্যাশনাল ট্রেডিং স্ট্যান্ডার্ডস্ একটি ট্যাক্স ফোর্স গঠন করেছে। এর ফলশ্রুতিতে, বার্মিংহামের ট্রেডিং স্ট্যান্ডার্ড অফিসাররা টাওয়ার হ্যামলেটসের সহকর্মীদের সাথে নিয়ে স্বপ্রাণোদিত হয়ে হজ্জ প্যাকেজ ট্যার অপারেটরদের কার্যক্রম অনুসন্ধান করে। এই অনুসন্ধানে কয়েকটি ক্ষেত্রে ভোক্তা সুরক্ষা আইনের সাথে যুথোপযুক্ত নয় এমন কিছু অফার পাওয়া যায়, যার ফলে প্রয়োজন অনুযায়ী আইনানুগ ব্যবস্থা নেয়া হবে।

টাওয়ার হ্যামলেটস্ বারার এক হজ্জ ট্রাভেলার বিরুদ্ধে আইনগত ব্যবস্থা নেয়া হচ্ছে এবং আরো ৪টি ট্রাভেলার বিরুদ্ধে অতিরিক্ত তদন্ত কার্যক্রম অব্যাহত রয়েছে।

কমিউনিটি সেফটি বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর অহিদ আহমদ এ প্রসঙ্গে বলেন, আমাদের হজ্জব্রত পালনেচ্ছুকদের সুরক্ষা দিতে ন্যাশনাল ট্যাক্স ফোর্সের সাথে কাজ করতে পেরে আমি সন্তুষ্ট। অভিযুক্তদের বিরুদ্ধে যথার্থ আইনী পদক্ষেপ নেয়া কার্যক্রম অব্যাহত থাকলেও হজ্জ পালনেচ্ছুকদের প্রতি আমার পরামর্শ থাকবে, এটল অনুমোদিত অপারেটরের সাথে হজ্জ বুক করবেন। এর মানে হলো, যদি অপারেটর কোন কারণে সার্ভিস দিতে না পারে, তাহলে আপনার অর্থ সুরক্ষিত থাকবে এবং আপনি বিদেশে আটকা পড়বেন না।

হজ্জ ট্রেভেল অপারেটরদের সম্পর্কে কোন অভিযোগ থাকলে ০২০ ৭৩৬৪ ৫০০৮ নাম্বারে ট্রেডিং স্ট্যান্ডার্ড বিভাগের সাথে যোগাযোগ করতে অনুরোধ করা হয়েছে।

#### কিং এডওয়ার্ড পার্ক উন্নয়নে

#### ৪ মিলিয়ন পাউন্ডের অনুদান

টাওয়ার হ্যামলেটস কাউন্সিল এবং বাসিন্দাদের নেতৃত্বাধীন সংগঠন সেইভকেম্প (কেইএমপি - কিং এডওয়ার্ড মেমোরিয়াল পার্ক) পার্কটির উন্নয়নের জন্য ৪ মিলিয়ন পাউন্ড অনুদান নিশ্চিত করতে সমর্থ হয়েছে। একই সাথে থেমস ওয়াটার কর্তৃক নির্মানাধীন সুপার সিউয়ার বা বৃহত্তম নদমা নির্মান পরিকল্পনায় বড় ধরনের ছাড় পেয়েছে।

উল্লেখ্য যে, কাউন্সিল এবং সেইভক্যাম্প যৌথভাবে কিং এডওয়ার্ড মেমোরিয়াল পার্ক রক্ষার আন্দোলনে নেমেছিল। বাসিন্দাদের স্বার্থ রক্ষার এই আন্দোলনের ফলশ্রুতি হিসাবে সরকারের প্ল্যানিং ইন্সপেক্টরবৃন্দ উন্নয়ন কাজ সম্পন্ন না হওয়া পর্যন্ত নির্মান কাজ শুরু না করার নির্দেশ দিয়েছেন।

মেয়র লুৎফুর রহমান এবং সেইভকেম্পের চেয়ারম্যান কার্ল ডানসাইয়ার এ ব্যাপারে মন্তব্য করতে গিয়ে বলেন, “সরকার যখন নির্মান কাজের জন্য অনুমতি প্রদান করেছিল, তখন আজ যে ফলাফল আমরা অর্জন করেছি তা ছিলনা, স্থানীয় বাসিন্দাদের আন্দোলন এবং কাউন্সিলের এগিয়ে আসার কারণে শনিবারে নির্মান কাজ বন্ধ রাখার ব্যবস্থা হয়েছে। এ ছাড়াও আমরা যৌথভাবে আন্দোলন করার ফলে থেমস ওয়াটার এর কাছ থেকে আরো কয়েকটি ছাড় আদায় করতে পেরেছি।”

■ The above stories are: Mayor’s Eid message; look after your health during Hajj – page 7; trading standards check into Hajj tour operators – page 7; £4m improvement grant for park – issue 1028.

## ইয়ান মিকার্ডো স্কুলের

## উপর চ্যানেল ফাইভ

## এর ডকুমেন্টারি

## Tower Hamlets school stars in TV documentary

টাওয়ার হ্যামলেটসের ব্রোমলি বাই বো এলাকায় অবস্থিত ইয়ান মিকার্ডো হাইস্কুলের স্টাফবৃন্দ প্রচন্ড চাপের মাঝে কী ভাবে শিক্ষাদান করে থাকেন তার উপর একটি ডকুমেন্টারি বা তথ্যচিত্র নির্মান করা হয়েছে।

ইয়ান মিকার্ডো নামের এই বিশেষ স্কুলের ছেলেদের আচরণগত সমস্যার উপর দুই পর্বে নির্মিত এই তথ্যচিত্রের প্রথম পর্বটি সোমবার ২৯ সেপ্টেম্বর রাত ৯টায় চ্যানেল ফাইভ এ প্রচারিত হওয়ার কথা রয়েছে এবং দ্বিতীয় পর্বটি প্রচারিত হবে ৬ অক্টোবর রাত ৯ টায়।

জানা গেছে, মাসব্যাপি কাউন্সিল, স্কুল এবং নির্মাতাদের পরিশ্রমের ফলে এই তথ্যচিত্রটি নির্মান করা হয়েছে।

এ ব্যাপারে মন্তব্য করতে গিয়ে ইয়ান মিকার্ডো স্কুলের হেড টিচার বলেন, “আমি এটা দেখাতে চাই যে দ্রুত হস্তক্ষেপ করে অসহায় কিশোরের জীবনে নাটকীয় পরিবর্তন আনা যায়।

প্রথম পর্বে সদ্য স্কুলে যোগদানকারী ১৪ বছর বয়সী ম্যাথু এবং ১৬ বছর বয়সী রে কে দেখানো হবে। রে তার রাগ দমনের জন্যে বক্সিং এ যোগ দিয়েছে।

## আইল অব ডগসে স্বাস্থ্য

## সচেতনতা অনুষ্ঠান

## Residents urged to enjoy healthier lifestyles – page 11

আইল অব ডগস্ চিলড্রেন সেন্টার এবং দ্যা হেলদি আইল্যান্ড পার্টনারশীপের উদ্যোগে আয়োজিত বিশেষ এক অনুষ্ঠানে যোগ দিয়ে বাসিন্দারা স্বাস্থ্য সমত জীবন যাপনে উদ্বুদ্ধ হওয়ার পাশাপাশি বিভিন্ন কার্যক্রমে অংশ নেন।

গত ২০ সেপ্টেম্বর ১১টা থেকে ২ টা পর্যন্ত চিলড্রেন সেন্টারে এবং মিলওয়াল পার্কে এই অনুষ্ঠান অনুষ্ঠিত হয়। এতে স্বাস্থ্য এবং স্বাস্থ্যকর জীবন পদ্ধতির ওপর বিশেষভাবে নজর দেয়া হয়েছিলো। স্থানীয় জিপি এবং নার্সরা বাসিন্দাদের বিভিন্ন বিষয়ে পরামর্শ দেন। মুখের স্বাস্থ্য সম্পর্কের উপদেশ দেয়া হয়। স্কুল হেলথ টীমও অনুষ্ঠানে আগতদের নানা বিষয়ে পরামর্শ প্রদান করে। বিভিন্ন এক্টিভিটিজের মধ্যে ছিলো তাজা ফল দিয়ে স্টুডি তৈরী, জুয়া এক্সার-সাইজ টেস্টার ক্লাস ইত্যাদি। শিশু ও বড়দের জন্য ছিলো বাইক রেস। শিশুরা এগ্ ও স্পুন দৌড়ে অংশ নেয়। ফেস পেন্টিং ও বাউন্সি ক্যাসলও উপভোগ করে বাচ্চারা।

প্রাপ্তবয়স্কদের জন্য স্বাস্থ্য সম্পর্কিত উপদেশের মধ্যে ছিলো বজম বাড়িস্ এর উদ্যোগে দ্যা শ্বল সি ক্যাম্পেইন এবং হেলথ ট্রেনার টীমের তত্ত্বাবধানে হেলদি লাইটফ স্টাইল সংক্রান্ত পরামর্শ।

স্থানীয় বাসিন্দাদের জন্য স্বাস্থ্য সেবা প্রদান করছে হেলথ আইল্যান্ড পার্টনারশীপ।





Trying out cricket in Victoria Park



Betty rides a three-wheeler in Mile End Park



Home produce at the Victoria Park event



Smoothie-making at the Disability Awareness Day

Disabled residents were invited to Victoria Park for a fun day to find out about support services on offer and to share their experiences about how to make parks more accessible. **Shalina Hussain** reports. Photos by **Kois Miah**.



Sam, Nadia and Nozrul take part in the Poetry In Workshop

**THE council hosted a Disability Awareness Day on September 17 in Victoria Park where more than 200 park users took part in workshops and had the chance to try out sporting activities with the council's sports team.**

Among the disability organisations that attended were Apasenth, CORE Projects, Tower Project, Deaf Plus and Hackney One.

CORE Projects is a community project which supports the development of vocational skills and independence for adults with learning difficulties in the borough while Apasenth provides a range of social care and community support services.

Members from CREATE, a social enterprise, had a stall selling jams and home-grown produce.

Activities on offer during the day included tennis, new age curling, hockey, boules plus smoothie bikes.

Shumom, a service user at Apasenth, said: "It was great to get involved with all the different activities especially the new age curling that I first saw at the Olympics."

There was also giant jenga, chess and games to keep participants entertained.

Residents were asked to rate the disabled facilities in the park with the majority of users rating the parks accessibility as good.

Mayor Lutfur Rahman said: "Events like these are important to find out the needs of all of our park users. We are working hard to support disabled people to live independent lives and to ensure disability equality is part and parcel of our everyday business."

Cllr Shafiqul Haque, cabinet member for culture, added: "I am pleased we had such a good turnout and residents were able to socialise and find out about important services they can access."

The council's parks team will now collate the feedback from the event and work on an action plan to address suggestions.

To find out more about events in parks visit [www.towerhamlets.gov.uk/parks](http://www.towerhamlets.gov.uk/parks)

**RESIDENTS had a great time at an Accessibility Day where they could explore options for accessible travel.**

Hosted by the council, Tower Hamlets Accessibility Day was a free event open to anyone in the borough with mobility or learning difficulties. More than 150 people visited Mile End Art Pavilion to find out about different travel options on the Docklands Light Railway (DLR), cycling, buses and Tube.

Information and advice was available from providers including the DLR, Transport for London (TfL) travel mentors, Greenwich Leisure, the Alzheimer's Society and officers





ent



Playing chess in the park



Tom tries out a bus ramp at the accessible travel day



Trying out the bus ramp in Mile End Park



Visitors tried out curling

# Access all areas

from the council's Mobility Team and Independent Travel Training service.

The DLR community ambassador team provided details of their outreach programme which is available for local disability groups and residents. They also took participants on a Dockland Light Railway accessibility trip giving practical advice on how to negotiate travelling on the trains.

TfL travel mentors gave advice on planning journeys using accessible routes on Tubes and buses. There was a double decker bus and a Dial-a-Ride bus on hand to practice getting on and off.

A fun, interactive art workshop was pro-

**ADVANCED** technology being developed to make it easier for everyone to get around the capital, will be showcased in Docklands next month. Transport for London (TfL) is staging the Access All Areas exhibition to help more disabled and older people to travel on its network. The event will feature interactive exhibits including full-scale mock-ups of London Underground stations, with ramps onto trains, and 'talking' bollards giving directions to blind

vided by arts group Poetry in Wood.

Attendees were able to have a go on specially-adapted bicycles from the All Ability Cycling Club to encourage participation in

cycling. The club runs a new weekly session on Wednesday afternoons in Victoria Park in addition to its existing sessions on Saturdays. The club is free to attend and open

and visually-impaired people. Also on show will be TfL's new Innovation Bus, which alerts passengers standing on the lower deck when there are seats upstairs, which then frees space for wheelchair users downstairs. The one-day event is being held on October 2, from 9.30am-4.30pm at ExCel London, which is donating its exhibition area to TfL at no cost. Visitors can register online at [www.tfl.gov.uk/access-all-areas](http://www.tfl.gov.uk/access-all-areas)

to all, regardless of age or ability. There are a range of bicycles available for participants, including hand cycles, wheelchair bicycles, tandems, scooters, two wheelers and much more.

Cllr Shahed Ali, cabinet member for clean and green, said: "It was great to see so many people attend the Accessibility Day and find out valuable information on getting around the borough and beyond, whether by public transport or cycling. The council is proud to support such initiatives and will continue to work hard to improve access to transport for all members of our society."

John Pen, chair of the Tower Hamlets Accessible Transport Forum, said: "Events like the accessibility day are most important because they give people the chance to find out about transport, the help available, and to try them out in a safe environment."

"Transport is after all, the oil that enables people with mobility difficulties to live ordinary lives."

Further opportunities to find out about accessible transport provision will be available at TfL's free Access All Areas event, being held at ExCel London on Thursday, October 2. For further details and to register, visit [www.tfl.gov.uk/access-all-areas](http://www.tfl.gov.uk/access-all-areas)

To find out more about the All Ability Cycling Club call Bikeworks on 8980 7998. For more information about accessible travel in Tower Hamlets call Rob Morton, active travel officer on 7364 6940 or email [robert.morton@towerhamlets.gov.uk](mailto:robert.morton@towerhamlets.gov.uk)



A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at [www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm](http://www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm)

Meetings

Tuesday, September 30

6.30pm: Licensing sub-committee

Business includes applications for new premises licences for City of Paris Ltd, 74 Bonner Street, E2 and Tesco, 571 Manchester Road, E14; and variation of premises licence for Ottolenghi, 11 Artillery Passage, E1.

For details call 7364 4120 or mail [simmi.yesmin@towerhamlets.gov.uk](mailto:simmi.yesmin@towerhamlets.gov.uk)

7.15pm: Overview & scrutiny committee

The meeting will consider reports of substance misuse strategy, budget monitoring and the implications of the new school curriculum. A report from One Housing Group will also be given for the scrutiny spotlight.

Details on 7364 4333 or email [angus.taylor@towerhamlets.gov.uk](mailto:angus.taylor@towerhamlets.gov.uk)

Wednesday, October 1

5.30pm: Cabinet

The agenda includes the safeguarding children's board annual report, welfare reform, budget reports and local biodiversity action plan.

Details from 7364 4651 or email [matthew.mannion@towerhamlets.gov.uk](mailto:matthew.mannion@towerhamlets.gov.uk)

Tuesday, October 7

6.30pm: Licensing sub-committee

Details from Simmi Yesmin (see left).

Tuesday, October 14

7pm: Licensing committee

Details from Simmi Yesmin (see left).

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.



Tower Hamlets online

[www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

E1 Unit 1, 24 White Church Lane – application for lawful development certificate re. existing use as restaurant.

Site bound by Raven Row, Stepney Way & Sidney Street – request for scoping opinion as to information to be contained in environmental impact assessment in support of application for commercial/residential development.

E3 Cherry Tree Special School, 68 Campbell Road – non material amendment following planning permission PA/13/01680, dated 29.10.13. Amendment for

relocation of kitchen flue and existing galvanised steel kitchen flue to be retained in current location.

Watts Grove Depot, Glaucus Street – complete redevelopment of site consisting of demolition of all buildings and structures on old depot and associated areas of hardstanding to provide 149 new homes in buildings of varied heights ranging from three to seven storeys, together with new and upgraded vehicular access, new pedestrian accesses, open space, landscaping and associated works including relocation of existing telecommunications mast.

12 Lichfield Road – fell cherry and sycamore trees in back gardens due to excessive light loss and proximity to main line railway.

E14 48 Cahir Street – construction of rear infill extension.

EC3 Tower Hill Terrace – single storey retail unit on land above Tower Vaults.

This is not a definitive list of all current planning applications. For more details go to the council's website at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk) and click on Planning & Building.

Drug treatment providers

Community Drug Team  
Substitute prescribing, key working, health screening & referral to residential treatment.  
71 Johnson Street, E1.  
7790 1344  
[www.lifeline.org.uk](http://www.lifeline.org.uk)

Nafas  
Support with a focus on Bangladeshi community.  
The Davenant Centre,  
179-181 Whitechapel Road, E1  
7377 0676.

Harbour Recovery Centre  
In-patient detox for 18+ males.  
Riverside House, 4th Floor,  
20 Garford Street, E14.  
7538 9421

Young People's Service  
Treatment for under-19s  
Unit 26, Skyline Village,  
Limeharbour, E14.  
3069 7878  
[www.lifeline.org.uk](http://www.lifeline.org.uk)

Isis  
For women aged over 18  
c/o Hopetown Hostel,  
60 Old Montague Street, E1.  
7426 0399  
[www.compass-uk.org](http://www.compass-uk.org)

Community Alcohol Team  
Unit 22, Skyline Village  
Limeharbour, E14.  
0800 008 7200  
[www.rapt.org.uk](http://www.rapt.org.uk)

Somali Substance Misuse  
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.  
Mind in Tower Hamlets & Newham, Open House  
13 Whitethorn Street, E3.  
7510 1081

Joining forces to combat fraud and corruption

THE council is taking part in the 2014 National Fraud Initiative.

Managed by the Audit Commission, under their statutory powers, the scheme will ensure that all local authorities and public organisations make data from their main financial systems public, in order to conduct a national matching exercise.

The initiative will include tenancy records, payroll details of staff, parking permits, housing and council tax benefit records and details of creditors paid.

The aim of the exercise is to protect public funds and will allow follow-up investigations where fraud might be taking place.



Tower Hamlets has a dedicated corporate anti-fraud team which is responsible for investigating allegations of fraud from other sources, including information given by members of the public.

This can include illegally-let properties, benefit fraud, and Blue Badge and parking permit frauds, as well as

other areas of fraud and abuse.

For more information about the National Fraud initiative go to [www.audit-commission.gov.uk/nfi](http://www.audit-commission.gov.uk/nfi) or contact Sue Oakley in the anti-fraud team on 7364 7423.

To report a fraud in confidence contact the team on 0800 528 0294 or email [anti-fraud@towerhamlets.gov.uk](mailto:anti-fraud@towerhamlets.gov.uk)

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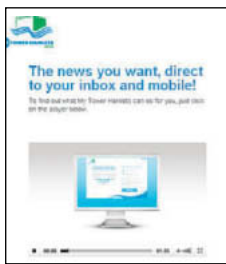
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## Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

[MY.TOWERHAMLETS.GOV.UK](http://MY.TOWERHAMLETS.GOV.UK)



## Did you get it?

Last week's photo was taken at Wren Landing, near Canary Wharf.

## Council information

### Town Hall

Town Hall, Mulberry Place,  
5 Clove Crescent, E14 2BG.  
7364 5000

### Hotline numbers

Housing benefits – 7364 5001  
Council tax – 7364 5002  
Parking services – 7364 5003  
Streetline – 7364 5004  
Adult social care – 7364 5005  
Children's services – 7364 5006  
Pest and noise nuisance –  
7364 5007  
Employment & skills service  
(Skillsmatch) – 7364 3727  
Environmental health,  
trading standards & licensing  
– 7364 5008  
Planning & development  
– 7364 5009  
Business rates – 7364 5010  
Recruitment line – 7364 5011  
Electoral services – 7364 0872  
Tower Hamlets Homes – 7364  
5015  
Healthline – 7364 5016

### General enquiries

Council enquiries – 7364 5020.

### Useful housing numbers

Housing repairs – 0800 376 1637  
Tenancy support – 7364 5544  
Housing advice (E14) – 7364 7507  
Housing advice (E1, E2 or E3)  
– 7364 3558  
Homeless service – 7364 7474  
Choice-based lettings  
– 7364 0244  
Homeseekers – 0845 270 2400

### Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.



COLLAPSED manholes in the road or leaves on the line are some of the more unusual reasons for disruption on the daily commute. But a swan on the road to the Blackwall Tunnel approach must be one of the more fanciful explanations for not getting to work on time. This photo, of a bird being rescued by police in rush hour on Tuesday, September 23, was sent in by Sam Everington. If you have a photo you would like to see in East End Life, it needs to be of high resolution and emailed to [eastendlife.news@towerhamlets.gov.uk](mailto:eastendlife.news@towerhamlets.gov.uk)

### Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101  
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)  
**24-hour domestic violence national helpline**

0808 2000 247  
**Haven Whitechapel (sexual assault referral centre)**

7247 4787  
**Karma Nirvana (Honour Network Helpline)**

0800 5999 247  
**Broken Rainbow (LGBT domestic violence)**

0845 260 4460  
**Black Women's Health & Family Support**  
8980 3503  
**Rights of Women**

(legal advice)  
7251 6577

**Victim Support Line**

0845 30 30 900

**Victim Support Tower Hamlets**

8555 8254

**NSPCC Child Protection Helpline**

0800 800 5000

**Childline**

0800 1111

**Shelterline**

0808 800 4444

**Respect (for perpetrators)**

0845 122 8609

**Reunite (advice about child abduction)**

0116 2556 234

**Men's Advice Helpline**

0808 8010 327

**Samaritans**

08457 909090

**Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict**

Free service for council tenants and leaseholders. 7702 8305

**Trading standards**

Consumer Direct: 08454 040506

### Walk-in services

#### One Stop Shops

**Bethnal Green** – 1 Rushmead, off Bethnal Green Road, E2  
**Bow & North Poplar** – John Onslow House, 1 Ewart Place, E3  
**South Poplar** – 15 Market Square, Chrisp Street, E14  
**Stepney & Wapping** – Idea Store Watney Market, 260 Commercial Road, E1.  
**Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.**

### Idea Stores

**Bow** – Gladstone Place, E3.  
**Canary Wharf** – Churchill Place, Canary Wharf, E14.  
**Chrisp Street** – Vesey Path, E14.  
**Whitechapel** – 321 Whitechapel Road, E1. 7364 4332  
**Watney Market** – Commercial E1. 7364 4332  
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

### Libraries

**Bethnal Green** – Cambridge Heath Road, E2. 8980 3902  
**Cubitt Town** – Strattondale Street, E14. 7987 3152  
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.  
**Local History Library and Archives** – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.  
7364 1290; email [localhistory@towerhamlets.gov.uk](mailto:localhistory@towerhamlets.gov.uk)

## HAVE YOU MADE YOUR WILL?

**Peter Bowyer Professional Will Writing Services**

Member of the Institute of Professional Will Writers and the Society of Will Writers

**HOME VISITS**

**0800 389 7387**

**0207 001 7711**

Website: [www.londonwills.com](http://www.londonwills.com)

## HAVE YOU MADE A POWER OF ATTORNEY?

If you become ill and cannot look after your affairs then without a Lasting Power of Attorney a government secret court could take over the running of your affairs. Likewise if you are in care or ill the same court could decide on your treatment and welfare without any of your loved ones having any say in what happens to you.

**MAKE A POWER OF ATTORNEY FOR PROPERTY AND AFFAIRS AND ANOTHER FOR PERSONAL WELFARE**

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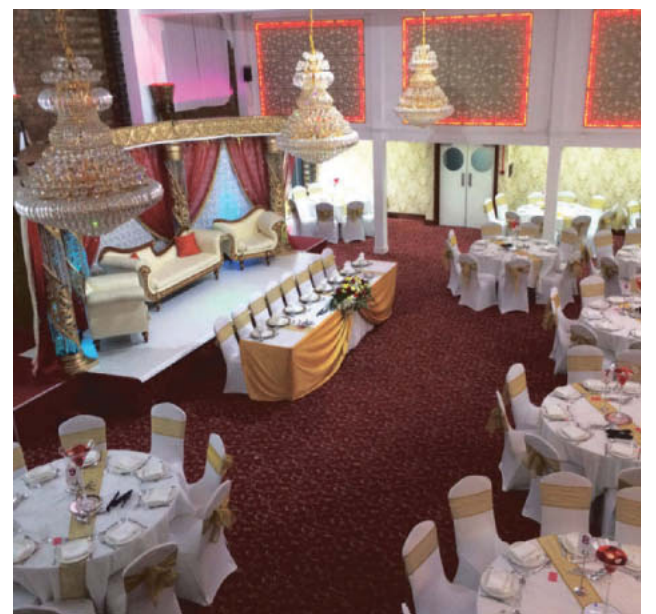
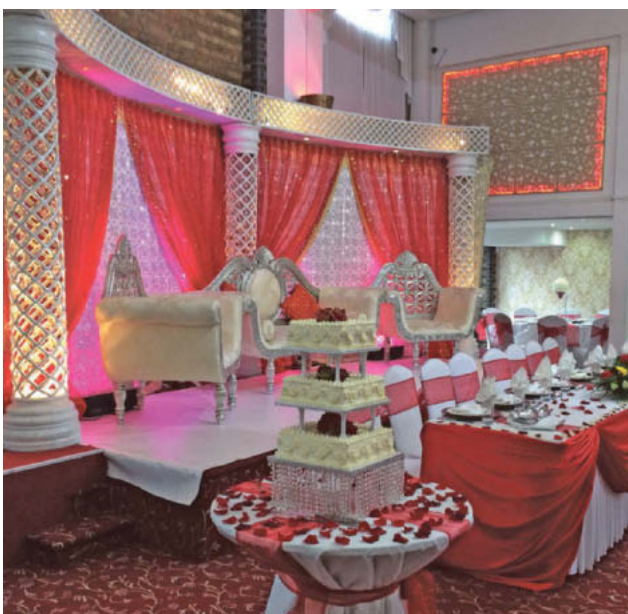


# RL

## REGENTS LAKE

020 7998 9455

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## Landlords must check gas appliances

Landlords of rented properties are legally required to provide their tenants with an annual gas safety certificate to confirm that a qualified gas fitter has carried out safety checks.

SEE BELOW

## Fire brigade callouts

In the 12 months from August 2013 to 2014 there were 4,909 non-emergency shut-in-lift incidents in London.

SEE BELOW

### Property

# Time to replenish ready for the next year

### Tips from Cable Street Community Gardens

#### AUTUMN is the time to clear the ground and prepare for the coming season.

Try to remove all the roots and dead leaves from summer planting, especially weeds. A little time spent now will save hours of work next year. Organic debris is ideal habitat for pests and disease to overwinter.

Now is also the time to replenish soil nutrients by digging in manure or compost which will rot down during the winter months and also help keep the ground well drained.

If you have space, you may want to consider sowing a 'green manure', which will grow during the winter months and

which can be dug in the spring.

If you have planters or window boxes, add a 'top dressing' of compost to help plants survive the colder months and add much-needed nutrients which quickly deplete in the confined space of a container.

There are still many crops which can be sown: spring cabbage, winter lettuce, radish and spinach, also broad beans which can be transplanted into the ground next month.

It is also a good time to plant trees and shrubs, including fruit bushes. Even if you are limited to containers, there are many dwarf varieties which add colour and maybe even some produce, so are well worth considering.

Let's hope for some warm, sunny days still to come.

Happy gardening.



Patrick, a member of the Cable Street Community Gardens team

## Unreliable local lifts

**THREE housing blocks in Tower Hamlets have been named by the London Fire Brigade on a list of places where you are most likely to get shut in a lift.**

Every day, the brigade attends 13 non-urgent lift call-outs – when a person is shut in a lift but not in any immediate physical or medical danger – nearly 5,000 incidents a year.

There were 14 call-outs from Odette Duval House in Stepney Way between August 2013 and 2014, while Delafield House, Christian Street, Aldgate and George Loveless House, in Diss Street, Bethnal Green, each had ten call-outs.

A brigade spokeswoman said the knock-on effect was a reduction in its capacity to attend real emergencies, to carry out community safety work and provide essential training for firefighters.

The brigade started recovering costs from building owners for non-emergency call-outs in 2009 but is owed almost £250,000 in unpaid charges.

London Fire Brigade officer Dave Brown said: "It's the responsibility of building owners to maintain their lifts and ensure they use a lift engineer callout service if the lift breaks down."

## 'Better links to the Island'

**MAJOR new plans to develop a site on the north west of the Isle of Dogs were unveiled during a consultation earlier this month.**

Residents were invited to view the plans for the residential-led mixed use scheme at 50 Marsh Wall and Manilla Street, which are being put forward by Far East Consortium.

The proposals include a public square, homes, a school, health centre, children's playground and hotel.

The consortium anticipates that the scheme will generate 2,500 full-time construction jobs and a further 400 permanent job opportunities for local people.

Spokesman John Connolly said: "Marsh Wall has effectively acted as a wall between north and south.

"This proposal is based on the concept of breaking down that barrier and delivering a development that not only adds to the local area, but improves connections on the Isle of Dogs."

# Beware the dangers of CO – the silent killer

BY STAFF REPORTER

**AS the new university term begins, students are being alerted to the dangers of carbon monoxide (CO) poisoning.**

Around 50 people die in the UK each year from CO poisoning – known as the silent killer – a further 200 are hospitalised and 4,000 visit hospital accident and emergency departments with symptoms.

Many of the casualties are students and the National Grid is offering advice on campuses across the country and promoting a free smartphone app called iCOP.

Aimed at young people living in rented accommodation, the app is based on a film noir-inspired detective game that raises awareness of the risks of CO poisoning.

Student Abigale Basham, who spent a year with the National Grid on a work placement,



**You can't see or smell CO... a detector costs no more than £20."**  
Abigale Basham

said: "Since it's hard to tell if CO is present in a house or flat, buying a CO detector is a very good idea. They last about ten years, they're easy to take with you if you move home and they cost no more than £20. That's the price of a couple of rounds of

drinks, which has to be something of a bargain for a gadget that could save your life!"

She added: "Remember, you can't see or smell carbon monoxide so if you're even slightly worried that you may have CO poisoning, move into the fresh air immediately and call the national gas emergency helpline on 0800 111999.

"If the symptoms are severe or if someone has collapsed or is unconscious, call 999 or 112 immediately."

Symptoms of CO poisoning include headaches, dizziness, nausea, breathlessness, eventually leading to collapse and loss of consciousness.

Landlords of rented properties are legally required to provide their tenants with an annual gas safety certificate to confirm that a qualified gas fitter has carried out safety checks on all gas appliances in the property.

Also by law, landlords have to make sure that gas appliances

are properly maintained and serviced at least once a year.

See [www.gassaferegister.co.uk](http://www.gassaferegister.co.uk) and [www.nationalgrid.com](http://www.nationalgrid.com)

WE URGENTLY REQUIRE PROPERTIES ACROSS LONDON

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[UpMyStreet](http://UpMyStreet.com)

[Circle 33](http://Circle33.org)  
Enhancing Life Chances

[eastTHAMES](http://eastTHAMES.org)



You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

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لیسٹنگز آپ کا ایک  
فعال درخواست نامہ  
توہر ہاملٹس ہاؤسنگ  
لیسٹنگز پر ہونا چاہیے۔  
براہ کرم ان کے گھر نہ  
جائیں کیونکہ یہ  
پڑوسیوں کو پریشان  
کرسکتا ہے۔

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ہیں جن کو ہم کی پیشکش کرتے ہیں۔  
پیشکش کرنا یہ داری کی پالیسی کی بنیاد  
پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی  
کی کاپی ہم سے اس نمبر پر رابطے کے  
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020 7364 2826 یا آپ  
اسے ویب سائٹ پر ملاحظہ کر سکتے  
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Waxaad dooran kartaa guryahan  
kaliya haddii aad leedahay codsi wali  
shaqayna oo ku jira liistada guryaha  
ee Tower Hamlets. Fadlan adigoo raali  
ah midna ha soo booqan guryahan,  
waxa laga yaabaa inay buuq ku  
keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa  
dadka aanu guryo ugu deeqayno.  
Guryo bixintu waxa lagu gaadhaa  
habka mudnaanta loo kala leeyahay  
ee ku salaysan nidaamka guryo  
kiraynta. Nuqul ka mid ah  
nidaamkan waxaad nagaga heli kartaa  
adigoo la soo xidhiidha telefanka 020  
7364 2826 ama cinwaanka internetka

若你仍然登記在塔  
橋區政府現時生效  
的房屋名單上，你  
才可以競投這些房  
屋。請切勿到任何  
這些房屋造訪，因  
為這可能對鄰居造  
成滋擾。

我們只能聯絡那些  
我們可以提供房屋  
的人士。我們根據  
租屋政策按優先次  
序提供房屋。欲索  
取這份政策，請致  
電我們，號碼 020  
7364 2826，或瀏覽  
網站。

Nếu đơn thỉnh cầu  
của bạn trong danh  
sách xin cấp nhà của  
Tower Hamlets mà  
có kết quả, bạn có  
thể lựa chọn những  
căn nhà này. Xin  
đừng tới tham quan  
bất cứ căn nhà nào  
vì có thể gây nên  
những phiền toái cho  
hàng xóm.

Chúng tôi chỉ có thể  
liên lạc với những  
người chúng tôi cấp  
nhà. Quyết định cấp  
nhà theo thứ tự ưu  
tiên dựa trên chính  
sách cho thuê nhà.  
Nếu bạn cần bản sao  
chính sách này, bạn  
có thể gọi số 020  
7364 2826 hoặc vào  
trang web.

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صورت میں بولی دے سکتے ہیں اگر  
"ٹاور ہاملٹس ہاؤسنگ لسٹ" میں  
آپ کی درخواست واجب اورز پر فور  
ہے۔ براہ کرم ان میں سے کسی گھر کو  
دیکھنے کے لئے مت جائیں کیونکہ یہ  
پڑوسیوں کے لئے پریشانی کا باعث ہو  
سکتا ہے۔

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کی کاپی ہم سے اس نمبر پر رابطے کے  
ذریعے دستیاب ہو سکتی ہے  
020 7364 2826 یا آپ  
اسے ویب سائٹ پر ملاحظہ کر سکتے  
ہیں۔

website: [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk).

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

## Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



**1. Internet Bidding**  
Just log on to [www.thhs.org.uk](http://www.thhs.org.uk)



**2. Telephone Bidding**  
Simply call 0845 270 2400

## Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

## CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme ([www.tfl.gov.uk/cycling](http://www.tfl.gov.uk/cycling)) and local pay-as-you-go car clubs ([www.carplus.org.uk](http://www.carplus.org.uk)) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit [www.towerhamlets.gov.uk/parking](http://www.towerhamlets.gov.uk/parking)





**SHELTERED**  
**Accessible Category G**  
**GAWTHORNE COURT, MOSTYN GROVE, E3**

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Pets not permitted

Eligibility : Min Client Age 60

£139.49, Weekly - Social Rent  
Landlord: OLD FORD HA

Property Ref: 30699



**OVER 50's**  
**Accessible Category G**  
**FRASER COURT, FERRY STREET, E14**

Flat • 2 Bed 3 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted

Eligibility : Min Client Age 50

£0.00, Rent to be advised  
Landlord: East Thames Group

Property Ref: 30731



**OVER 50's**  
**Accessible Category F**  
**BALLIN COURT, STEWART STREET, E14**

Flat • 0 Bed 1 Person • 2nd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility : Min Client Age 50

£99.20, Weekly - Social Rent  
Landlord: One Housing Group

Property Ref: 30715



**OVER 50's**  
**Accessible Category E**  
**GROVE HALL COURT, JEBB STREET, E3**

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Residents parking scheme • Pets not permitted . One week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 55

£103.18, Weekly - Social Rent  
Landlord: Southern Housing Group

Property Ref: 30727



**BEDSIT SELF-CONTAINED FLAT**  
**Accessible Category F**  
**OLD CHURCH ROAD, E1**

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£93.55, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30718



**BEDSIT SELF-CONTAINED FLAT**  
**Accessible Category F**  
**SALTWELL STREET, E14**

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£94.24, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30714



**1 BEDROOM**  
**Accessible Category E**  
**HANBURY STREET, E1**

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£112.72, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30721



**1 BEDROOM**  
**Accessible Category F**  
**WILLIS HOUSE, HALE STREET, E14**

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£105.99, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30710



**1 BEDROOM**  
**Accessible Category F**  
**BUTLER HOUSE, BACTON STREET, E2**

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£106.06, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30722



**1 BEDROOM**  
**Accessible Category E**  
**TUSCAN HOUSE, KNOTTISFORD STREET, E2**

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

PREFERENCE TO HOUSING MOVES APPLICANTS

£111.47, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30707



**1 BEDROOM**  
**Accessible Category F**  
**MARLOW HOUSE, CALVERT AVENUE, E2**

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£118.75, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30703



**1 BEDROOM**  
**Accessible Category F**  
**PAGET HOUSE, BISHOPS WAY, E2**

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£112.44, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30698



**1 BEDROOM**  
**Accessible Category G**  
**HEYLYN SQUARE, E3**

Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£108.59, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30708



**2 BEDROOMS**  
**Accessible Category F**  
**KINGWARD HOUSE, HANBURY STREET, E1**

Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£125.69, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30728



**2 BEDROOMS**  
**Accessible Category G**  
**PAULINE HOUSE, OLD MONTAGUE STREET, E1**

Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Concierge/CCTV

£136.09, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30706



**2 BEDROOMS**  
**Accessible Category G**  
**PAULINE HOUSE, OLD MONTAGUE STREET, E1**

Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Concierge /CCTV

£136.41, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30711



**2 BEDROOMS**  
**Accessible Category F**  
**SHERMAN HOUSE, ABERFELDY STREET, E14**

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£128.66, Weekly - Social Rent  
Landlord: Poplar HARCA

Property Ref: 30723



**2 BEDROOMS**  
**Accessible Category F**  
**CARAVEL CLOSE, E14**

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Residents parking scheme • Pets not permitted

£131.85, Weekly - Social Rent  
Landlord: East Thames Group

Property Ref: 30730



**2 BEDROOMS**  
**Accessible Category F**  
**STAFFORD CRIPPS HOUSE, GLOBE ROAD, E2**

Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£124.36, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30705



**2 BEDROOMS**  
**Accessible Category F**  
**BEECHWOOD HOUSE, TEALE STREET, E2**

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£139.70, Weekly - Social Rent  
Landlord: Tower Hamlets Community Housing

Property Ref: 30697





**2 BEDROOMS**  
Accessible Category F  
ACHILLES HOUSE, OLD BETHNAL GREEN ROAD, E2

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£138.51, Weekly - Social Rent  
Landlord: Tower Hamlets Community Housing

Property Ref: 30701



**2 BEDROOMS**  
Accessible Category F  
SLEAFORD HOUSE, FERN STREET, E3

Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£144.19, Weekly - Social Rent  
Landlord: Poplar HARCA

Property Ref: 30713



**2 BEDROOMS**  
Accessible Category F  
NAVENBY WALK, E3

Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission • One week's advance rent required at sign up of tenancy • Heating & hot water included in rent charges

£156.19, Weekly - Social Rent  
Landlord: Poplar HARCA

Property Ref: 30729



**3 BEDROOMS**  
Accessible Category E  
HARPLEY SQUARE, E1

Flat • 3 Bed 5 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£137.02, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30700



**3 BEDROOMS**  
Accessible Category F  
NORTHESK HOUSE, TENT STREET, E1

Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£129.13, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30717



**3 BEDROOMS**  
Accessible Category F  
POPLAR HIGH STREET, E14

Maisonette • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

Eligibility : Transfer List

£141.88, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30702



**3 BEDROOMS**  
Accessible Category F  
BRABAZON STREET, E14

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£157.67, Weekly - Social Rent  
Landlord: Poplar HARCA

Property Ref: 30725



**4 BEDROOMS**  
Accessible Category F  
REGAL CLOSE, E1

House • 4 Bed 7 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Off street parking • Pets permitted

£175.36, Weekly - Social Rent  
Landlord: Tower Hamlets Council

Property Ref: 30724

# AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties.

In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at [www.thhs.org.uk](http://www.thhs.org.uk) for further information.



**AFFORDABLE RENT**  
Accessible Category G  
HARTLEY STREET, E2

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£218.77, Weekly - Affordable Rent  
Landlord: Circle 33 HA

Property Ref: 30712



**AFFORDABLE RENT**  
Accessible Category F  
QUEEN MARGARET FLATS, ST JUDES ROAD, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£208.79, Weekly - Affordable Rent  
Landlord: Gateway Housing Association

Property Ref: 30709



**AFFORDABLE RENT**  
Accessible Category G  
PARNELL ROAD, E3

Flat • 2 Bed 4 Person • Ground Floor • Open plan kitchen • No Lift • Wet room (walk in shower) • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£192.46, Weekly - Affordable Rent  
Landlord: OLD FORD HA

Property Ref: 30716



**AFFORDABLE RENT**  
Accessible Category F  
ALLEN ROAD, E3

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Off street parking • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years.

£261.60, Weekly - Affordable Rent  
Landlord: OLD FORD HA

Property Ref: 30704



**AFFORDABLE RENT**  
Accessible Category F  
JOSSILINE COURT, FORD ROAD, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility : Min Client Age 50

£163.68, Weekly - Affordable Rent  
Landlord: OLD FORD HA

Property Ref: 30720



**AFFORDABLE RENT**  
Accessible Category D  
THOMAS BARNARDO HOUSE, ANGLO ROAD, E3

Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£165.00, Weekly - Affordable Rent  
Landlord: OLD FORD HA

Property Ref: 30726

## REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.





**ENOUGH ROOM TO SWING A CAT!**



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\*T & Cs apply  
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\*Terms and conditions apply





## Are you interested in becoming a Health and Social Care Apprentice?



Hackney, Newham and Tower Hamlets are working in partnership to train and develop Level 2 Health and Social Care apprentices.

### What does being an apprentice mean?

- You will receive training one day per week and be at work four days
- You will have a 12 month fixed term contract
- You will work a 30 hour week at an hourly rate of at least £4.00 per hour
- You can choose to work with older people, adults who have learning, physical or sensory disabilities or others who receive social care support
- You have the opportunity to gain a nationally recognised qualification

To register your interest and for further information please ring Skillsmatch on 020 7364 0626.

Closing date:  
12.00pm Friday 3rd October 2014.

### Am I eligible to apply?

You will need to:

- Be a resident of Hackney, Newham or Tower Hamlets
- Be aged between 16 to 24 years old. Applicants over 25 years who meet all other eligibility criteria will be considered
- Have GCSE grade D or above in Maths and English or equivalent
- Be committed to working with customers in a person centred way, promoting independence and choice in line with their needs, wishes and aspirations
- Ability to work with clients with special educational needs
- Ability to work shifts



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*Sir John Cass's Foundation & Red Coat  
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Tutors are required for Arabic, Japanese, German, Italian, Modern Greek, Portuguese and Spanish to provide weekly after school lessons for students aged 11- 18 in small groups. Experience of GCSE and A level is preferable. DBS required.

Please apply by CV and covering letter and send to Ms I. Guzmán either by post, fax or email  
**irene.guzman-huertas@sjcr.net**

Stepney Way, London E1 ORH  
Tel: 020 7790 6712 | Fax: 020 7790 0499 | [www.sjcr.net](http://www.sjcr.net)

## Public notices

### TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2010

#### NOTICE UNDER ARTICLES 11 AND 32 OF APPEAL

Proposed development at Land at Fleet Street Hill and 28 Redchurch Street and 1-5 Chance Street

I give notice that UKI (Fleet Street) Limited having applied to the London Borough of Tower Hamlets for redevelopment of the site to provide 34 residential dwellings of mixed tenure (7 x one bed, 12 x 2 bed, 8 x 3 bed and 6 x 4 bed and 1 x 5 bed) in buildings of part one, two, three, four and eight storeys (the development includes the provision of 135 sqm of retail (Use Classes A3) and 671 sqm of flexible commercial and community space (Use Class A1, B1a, D1 and D2) five car parking spaces plus other incidental works) is appealing to the Secretary of State against the decision of the Council.

Any owner\* of the land or tenant\*\* who wishes to make representations about this appeal should write to the Secretary of State at Temple Quay House, 2 The Square, Temple Quay, Bristol BS1 6PN or using the website [www.planningportal.gov.uk/pcs](http://www.planningportal.gov.uk/pcs) by 8 October 2014

\*"owner" means a person having a freehold interest or a leasehold interest the unexpired term of which is not less than 7 years, or, in the case of development consisting of the winning or working of minerals, a person entitled to an interest in a mineral in the land (other than oil, gas, coal, gold or silver).

\*\*"tenant" means a tenant of an agricultural holding any part of which is comprised in the land.

Signed – DP9 Limited  
On behalf of - UKI (Fleet Street) Limited  
Date – 29/09/2014

#### Statement of owner's rights

The grant of planning permission does not affect owners' rights to retain or dispose of their property, unless there is some provision to the contrary in an agreement or in a lease.

#### Statement of agricultural tenants' rights

The grant of planning permission for non-agricultural development may affect agricultural tenants' security of tenure.

### LONDON BOROUGH OF TOWER HAMLETS LICENSING ACT 2003 NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN that Avento Limited has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Khushbu Grill House, 74 Whitechapel High Street, London E1 7QX.

Licensable activities: the provision of late night refreshments Sunday to Thursday from 23:00 to midnight; Friday and Saturday from 23:00 to 4:00 the following day.  
Opening hours: Monday to Thursday from 11:00 to midnight; Friday and Saturday from 11:00 to 04:00 the following day.

Anyone who wishes to make representations regarding this application must give notice in writing to:

The Licensing Section,  
London Borough of Tower Hamlets, Mulberry Place,  
5 Clove Crescent,  
London E14 2BG.

Website:  
[www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)  
Tel: 020 7364 5008

Representations must be received no later than 17 / 10 / 2014

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

### SPECIAL TREATMENT LICENCES

**NOTICE IS GIVEN THAT**  
Mr Xuyen Tran has applied to the London Borough of Tower Hamlets for Beauty:-  
Manicure, Pedicure, Nails,  
Waxing, Eyelashes,  
Spray Tan, Facial, Massage.

Licence(s) for the premises:  
Little Nail House,  
579 Commercial Road,  
London E1 0HJ

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulation Service, 6th Floor Mulberry Place, 5 Clove Crescent, London E14 2BG

WITHIN THREE WEEKS specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

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\*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

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## Take Notice of Public Notices

Make sure you know what's going on in your neighbourhood.



# Public notices

## Public & Legal Notices

### LONDON BOROUGH OF TOWER HAMLETS PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

**Tower Hill Terrace, London, EC3N 4EE** PA/14/2464/KHA  
Erection of a single storey retail unit (Use Class A3) on land above Tower Vaults at Tower Hill Terrace.

**Site at bounded by Limehouse Cut and St Annes Row and Commercial Road, St Anne Street, London** PA/14/2310/IOL  
Variation of condition no.3 to planning permission ref: PA/11/01120, dated 26/03/2012, to allow substitute plans for the material minor amendments  
Amendments sought:  
- Conversion of 7 intermediate units to affordable rent  
- Social rented levels to be replaced by Tower Hamlets preferred blended rents

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

**17 Salmon Lane, London, E14 7NA** PA/14/2225/GMA  
Replacement of existing UPVC windows and door at the rear of the property at ground floor and basement levels with traditional wooden windows and door.

**48 Cahir Street, London, E14 3QR** PA/14/2466/KFL  
Erection of rear infill extension

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 29th September 2014

**OWEN WHALLEY**  
Head of Planning and Building Control



## Public & Legal Notices

### LONDON BOROUGH OF TOWER HAMLETS

### TOWN & COUNTRY PLANNING ACT 1990 MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

**Site at bounded by Limehouse Cut and St Annes Row and Commercial Road, St Anne Street, London** PA/14/2310/IOL  
Variation of condition no.3 to planning permission ref: PA/11/01120, dated 26/03/2012, to allow substitute plans for the material minor amendments  
Amendments sought:  
- Conversion of 7 intermediate units to affordable rent  
- Social rented levels to be replaced by Tower Hamlets preferred blended rents

**Blackwall Depot, Leamouth Road, London** PA/14/1932/KH  
External refurbishment works on entire site consisting of the installation of three new portacabins to the south of the site; provision of new surfaces and white lining for depot parking area and creation of additional parking spaces; installation of new security lighting & CCTVs. Addition of a new (smaller) above ground fuel tank next to existing one; erection of a new gate in existing access off Leamouth Road to be used for vehicular exit purposes and screening of existing fencing along the A13 elevation for security purposes.

**Watts Grove Depot, Glaucus Street, London, E3 3QS** PA/14/2585/KH  
Complete redevelopment of site consisting of the demolition of all buildings and structures on the old depot and associated areas of hardstanding to provide 149 new homes (flats and houses) in buildings of varied heights ranging from three storeys to seven storeys (Use Class C3) together with new and upgraded vehicular access, new pedestrian accesses, open space, landscaping and associated works including relocation of existing telecommunications mast.

**The Robin Hood Gardens Estate together with land south of Poplar High Street and Naval Row, Woolmore School and land north of Woolmore Street bounded by Cotton Street, East India Dock Road and Bullivant Street.** PA/14/2480/PLA  
Reserved matters application pursuant to condition L5 of outline planning permission dated 30th March 2012 (PA/12/00001/LBTH) for 242 new homes, 635 sq m of commercial floorspace (Use Class A1 and A3) (i.e. for building parcels G, H and L within Development Zone 3 "Phase 1B"), comprising layout, scale and appearance of the buildings, the means of access thereto and landscaping and refuse collection and associated ancillary development.

**Former St Andrews Hospital, Devas Street, London, E3 3NT** PA/14/2484/TIR  
Reserved matters application pursuant to condition 1 of planning permission for PA/13/01991 dated 16/05/2014, relating to Means of Access and Landscaping.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 29th September 2014

**OWEN WHALLEY**  
Head of Planning and Building Control



### LONDON BOROUGH OF TOWER HAMLETS

#### THE TOWER HAMLETS (PRESCRIBED ROUTE) (NO1) TRAFFIC ORDER 2014

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Tower Hamlets on 22nd September, 2014 made the above mentioned Order under section 6 of the Road Traffic Regulation Act 1984, as amended by the Local Government Act 1985 and The Road Traffic Act 1991.
2. The general effect of The Tower Hamlets (Prescribed Route) (No.1) Order 2014 will be to amend the existing Order for the point closure in Lichfield Road, situated between the eastern kerb line of Grove Road and a point approximately 5 metres east of that point within the length of footway in Grove Road to its junction with the western kerb-line of Lichfield Road.
3. A copy of the Order which will come into operation on 13th October, 2014 can be inspected by appointment at the offices of Communities, Localities and Culture, Transport and Highways Department, Mulberry Place, P.O. Box 55739, 5 Clove Crescent, London E14 2BG, during normal office hours on Monday to Fridays inclusive, until the expiration of a period of 6 weeks from the date on which this Order was made.
4. Any person desiring to question the validity of the Order or of any provision provided therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements made thereunder have not been complied with in relation to the Order, may within six weeks of the date on which the Order were made, make application for the purpose to the High Court.

Dated: 29th September, 2014

**JAMIE BLAKE**  
SERVICE HEAD, PUBLIC REALM



# Public notices

**PUBLIC NOTICE  
THE LONDON BOROUGH  
OF TOWER HAMLETS  
ROAD TRAFFIC  
REGULATION ACT 1984 -  
SECTION 14 (1)  
TEMPORARY  
PROHIBITION OF TRAFFIC**

**PIXLEY STREET E14  
NOTICE IS HEREBY GIVEN,** that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Pixley Street between its junction with Burdett Road and its junction with Copenhagen Place.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Cobra Traffic Management.

The alternative route for vehicular traffic will be via Burdett Road, Agnes Street and Copenhagen Place and vice versa.

The restriction on vehicular traffic will operate on Wednesday 22nd October 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD,  
PUBLIC REALM  
MULBERRY PLACE  
5 CLOVE CRESCENT  
LONDON E14 2BG**

**PUBLIC NOTICE  
THE LONDON BOROUGH  
OF TOWER HAMLETS  
ROAD TRAFFIC  
REGULATION ACT 1984 -  
SECTION 14 (1)  
TEMPORARY  
PROHIBITION OF TRAFFIC**

**CHRISTIAN STREET E1  
NOTICE IS HEREBY GIVEN,** that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Christian Street for a distance of approximately 50 metres between its junction with Cable Street and its junction with Pinchin Street.

The restriction on vehicular traffic will enable essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management. The alternative routes for vehicular will be via Cable Street, Back Church Lane, Pinchin Street and Christian Street or Christian Street, Burslem Street, Cannon Street Road and Cable Street.

The restriction on vehicular traffic will operate from Tuesday 21st

October 2014 at 22:00 hours until Wednesday 22nd October 2014 at 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD,  
PUBLIC REALM  
MULBERRY PLACE  
5 CLOVE CRESCENT  
LONDON E14 2BG**

**PUBLIC NOTICE  
THE LONDON BOROUGH  
OF TOWER HAMLETS  
ROAD TRAFFIC  
REGULATION ACT 1984 -  
SECTION 14 (1)  
TEMPORARY  
PROHIBITION OF TRAFFIC**

**DISS STREET E2  
NOTICE IS HEREBY GIVEN,** that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Diss Street between its junction with Hackney Road and its junction with Stamp Place.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Centercomms Limited.

The alternative route for vehicular traffic will be via Hackney Road, Columbia Road, Pelter Street (in the north-east direction) and Diss Street and vice versa.

Throughout the duration of works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Pelter Street between its junction with Diss Street and its junction with Strout's Place will be temporarily suspended.

The restriction on vehicular traffic will operate from Monday 20th October 2014 to Thursday 23rd October 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD,  
PUBLIC REALM  
MULBERRY PLACE  
5 CLOVE CRESCENT  
LONDON E14 2BG**

**PUBLIC NOTICE  
THE LONDON BOROUGH  
OF TOWER HAMLETS  
ROAD TRAFFIC  
REGULATION ACT 1984 -  
SECTION 23  
PROPOSED ZEBRA  
CROSSING in  
SALMON LANE junction  
with ASTON STREET**

The Council of the London Borough of Tower Hamlets is considering proposals to provide a zebra crossing in Salmon Lane, approximately 5 metres west of its junction with Aston Street.

A plan showing the layout of the proposed zebra crossing and associated zig-zag carriageway markings can be inspected by appointment, during normal office hours on Mondays to Fridays inclusive, until the expiration of a period of 14 days from the date of this notice at the offices of Communities, Localities & Culture, Public Realm, Mulberry Place, 5 Clove Crescent London E14 2BG.

Any representations regarding the proposed crossing should be sent to the address below by 13th October 2014.

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD,  
PUBLIC REALM  
TRANSPORT & HIGHWAYS  
MULBERRY PLACE (AH)  
P.O. BOX 55739  
5, CLOVE CRESCENT  
LONDON E14 2BG**

**PUBLIC NOTICE  
THE LONDON BOROUGH  
OF TOWER HAMLETS  
ROAD TRAFFIC  
REGULATION ACT 1984 -  
SECTION 14 (1)  
TEMPORARY  
PROHIBITION OF TRAFFIC**

**THRAWL STREET E1  
NOTICE IS HEREBY GIVEN,** that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from stopping or proceeding in the length of carriageway in Thrawl Street for a distance of approximately 30 metres in the eastbound direction from its junction with Commercial Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Cobra Traffic Management.

There are no alternative routes for vehicular traffic as it is a cul-de-sac or dead end street.

The restriction on vehicular traffic will operate on the following two days and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002:

- On Friday 17th October 2014 from 08:00 hours until 18:00 hours;
- On Friday 24th October 2014 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic

restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD,  
PUBLIC REALM  
MULBERRY PLACE  
5 CLOVE CRESCENT  
LONDON E14 2BG**

**PUBLIC NOTICE  
THE LONDON BOROUGH  
OF TOWER HAMLETS  
ROAD TRAFFIC  
REGULATION ACT 1984 -  
SECTION 14 (1)  
TEMPORARY  
PROHIBITION OF TRAFFIC**

**WHITE CHURCH LANE E1  
NOTICE IS HEREBY GIVEN,** that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in White Church Lane between its junction with Commercial Road and its junction with Whitechapel Road.

The restriction on vehicular traffic will enable essential resurfacing works to be carried out on the public highway by LBTH.

The alternative route for vehicular

traffic will be via Commercial Road, Whitechapel High Street, Leman Street, Prescot Street, Mansell Street, Whitechapel High Street and Whitechapel Road or Commercial Road, Greenfield Road, Fieldgate Street, Plumbers Row (northbound) and Whitechapel Road (westbound). Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one-way working in White Church Lane between its junction with Commercial Road and its junction with Whitechapel Road will be temporarily suspended.

The restriction on vehicular traffic will operate on the following two weekends and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

- On Saturday 25th October 2014 and Sunday 26th October 2014 from 08:00 hours until 18:00 hours;
- On Saturday 1st November 2014 and Sunday 2nd November 2014 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Mike Arnold, Street Scene Engineer, Transport and Highways on 020 7364 6671 or email, mike.arnold@towerhamlets.gov.uk

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD,  
PUBLIC REALM  
MULBERRY PLACE  
5 CLOVE CRESCENT  
LONDON E14 2BG**

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**Chris on  
7364 4994**

**Fatima on  
7364 4623**

**Sharan on  
7364 4061**

**LONDON BOROUGH OF TOWER HAMLETS**

**TOWN AND COUNTRY PLANNING ACT 1990  
(AS AMENDED)**

**TOWN AND COUNTRY PLANNING  
(ENVIRONMENTAL IMPACT ASSESSMENT)  
REGULATIONS 2011 – Regulation 22**

**Proposed development of land at:  
Meridian Gate, Marsh Wall, London, E14  
Reference: PA/14/1428/TIR**

**Proposed development:** Demolition of all existing structures and the redevelopment of the site to provide a building of ground floor plus 53 storeys comprising of 423 residential apartments (use class C3) and circa 425sqm office (use class B1), 30 basement car parking spaces; circa 703sqm of residents gym and associated health facilities; public realm improvements; and the erection of a single storey amenity building comprising a sub-station, reception for basement access, car lifts and circa 66sqm retail/cafe (use class A1/A3).

**I give notice that DP9 on behalf of Meridian Property Holding Limited has submitted further information supplementing the Environmental Statement and amendments in relation to the above application, to the London Borough of Tower Hamlets.**

The Environmental Statement and the supplementary information are available for viewing by members of the public at all reasonable hours at the Council offices stated below. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address. Copies of the supplementary information may be obtained at a charge from **DP9, 100 Pall Mall, London, SW1Y 5NQ, tel: 020 7004 1700.**

**Any person who wishes to make representations regarding the application and the additional information should write to the Tower Hamlets Planning Service at Development & Renewal, Town Planning, Mulberry Place, 5 Clove Crescent, London E14 2BG within 21 days beginning with the date of this notice.**

**Dated: 23rd September 2014**

**OWEN WHALLEY  
Head of Development Decisions**



**TOWER HAMLETS**



# Public notices

## PUBLIC NOTICE

### THE LONDON BOROUGH OF TOWER HAMLETS, ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

#### TEMPORARY PROHIBITION OF TRAFFIC – BRUSHFIELD STREET E1

**NOTICE IS HEREBY GIVEN**, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Brushfield Street to a point approximately 50 metres, in the westbound direction, from its junction with Steward Street. The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Southern Cranes & Access Limited.

There is no alternative route for vehicular traffic as it is a dead end Street or cul-de-sac.

The restriction on vehicular traffic will operate on

the following two weekends and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Regulations and General Directions 2002:

- From Friday 24th October 2014 at 18:00 hours until Sunday 26th October 2014 at 19:00 hours;
- From Friday 31st October 2014 at 18:00 hours until Sunday 2nd November 2014 at 19:00 hours.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, [charlie.harrison@towerhamlets.gov.uk](mailto:charlie.harrison@towerhamlets.gov.uk)

**Dated: 29th September 2014**

**JAMIE BLAKE,  
SERVICE HEAD, PUBLIC REALM,  
MULBERRY PLACE, 5 CLOVE  
CRESCENT, LONDON E14 2BG**

## LONDON BOROUGH OF TOWER HAMLETS

### THE TOWER HAMLETS (WAITING AND LOADING RESTRICTIONS) (NO.1) ORDER 2012 (AMENDMENT NO.12) ORDER 2014 NO.71

#### THE TOWER HAMLETS (C1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.3) ORDER 2014 NO.72

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 29th September 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Orders would be to in:

- Leman Street** (east side) –
  - To relocate the Motorcycle Bay on the east side to the west side of the road.
  - To revoke the Business / Pay & Display bay and Permit / Pay & Display Bay for the purpose of two Bus Stands.
  - (outside no.135) To shift the existing Resident Bay by 4m in a southerly direction.
  - (outside no.129) To introduce on existing Single Yellow Line a three Parking space Business Bay.
- North Tenter Street** –
  - North kerb line, to upgrade the Single Yellow Line to Double Yellow lines.
  - Southside, to introduce a seven Parking space Business / Pay & Display (Cashless) Bay.
- West Tenter Street** –
  - (outside no.23) To convert and extend the existing two Parking space Permit Bay to five Business / Pay & Display (cashless) Parking spaces.
- Alie Street** – To convert and extend the existing Pay & Display bays into a Business / Pay & Display Bay (Cashless) by:
  - (nearest Mansell Street) Five Parking spaces in an easterly direction.
  - (west of St Mark Street) Four Parking Spaces in a westerly direction.
- Gowers Walk** – (opposite no.120) to introduce on existing double yellow lines a two space Business Bay.
- Assam Street** (south side) – to introduce a three space Business and Pay & Display (cashless) Bay.
- Stepney Way** – To introduce 'At Any Time' No Waiting & Loading Restrictions on the south side between Turner Street and Cavell Street.
- Flintlock Close** – To introduce Single Yellow Line.
- Kinder Street** – to upgrade the Single Yellow line to Double Yellow Lines.

3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.

4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.

5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: [Parking.development@towerhamlets.gov.uk](mailto:Parking.development@towerhamlets.gov.uk) of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

**Dated: 29th September 2014**

**JAMIE BLAKE  
SERVICE HEAD, PUBLIC REALM**



## PUBLIC NOTICE –

### LONDON BOROUGH OF TOWER HAMLETS COUNCIL PROPOSED LOCAL AUTHORITY ENFORCEMENT OF VICTORIA CAR PARK AND ST. MARKS GATE CAR PARK THE TOWER HAMLETS (OFF STREET PARKING PLACES) (NO.1) EXPERIMENTAL ORDER 2014

1. NOTICE IS HEREBY GIVEN that on 29 September 2014, the Council of the London Borough of Tower Hamlets made the above-mentioned Order under section 9 of the Road Traffic Regulation Act 1984, as amended by schedule 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Experimental Order under local authority enforcement thereby introducing charges and conditions to the use of the car parks located on,

(a) **Victoria Car Park** - on Grove Road junction with Old Ford Road,

(b) **St. Marks Gate Car Park** – on Wick Lane junction with Jodrell Road.

(c) Provided that between 8.30am and 5.30pm Mondays to Sundays and that vehicles will be required to Pay by Phone (cash less) parking, the charges at each of the car parks would be as follows:-

	Monday to Sunday 1 hour	Monday to Friday 4 hours	Monday to Friday All day	Saturday to Sunday 4 hours	Saturday to Sunday All day
Victoria Car Park	£2.00	£5.00	£7.00	£3.00	£5.00
St. Marks Gate	£2.00	£5.00	£7.00	£3.00	£5.00

(d) The Parking places will be open between 8:30am and 5:30pm Mondays to Sundays for use only by motor cycles, motor cars, invalid carriages and good vehicles.

(e) Provide that vehicles displaying a disable person's badge issued by any local authority will only be exempt from the above hourly charge if such vehicles are left in the marked out disabled bays (maximum stay 2 hours no return within 2 hours) from which all other vehicles will be prohibited.

3. A copy of each of the Orders, which will come into operation on 01 October 2014, any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any relevant requirements thereof or any regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the date on which the Order was made make application for the purpose to the High Court.

4. If the provisions of the Orders continue in operation for a period of not less than six months, the Council will consider in due course whether they should be reproduced and continued in force indefinitely by means of Orders under Sections 6, 45, 46, 49 and 124 of the said Act of 1984, as amended by the said Act of 1985 and the said Act of 2004. Any persons desiring to object to the making of any of the Orders under those sections of the said Act of 1984 for the purpose of such reproduction and continuation in force may, within the aforementioned period of six months, send a statement in writing or by email to [Parking.development@towerhamlets.gov.uk](mailto:Parking.development@towerhamlets.gov.uk) writing of their objections and the grounds thereof to Parking Services Offices, 585-593 Commercial Road, London E1 0HJ (0207-364 6949).

**Dated: 29 September 2014**

**JAMIE BLAKE  
SERVICE HEAD, PUBLIC REALM**



## It could affect YOU!



You should always take note of a public notice. It is a legal notice to inform the public of a change that could affect them short term or on a permanent basis. It could be anything from a change to a building to the construction of a building. It could be a notice of insolvency of a company you have dealings with or the closure of a footpath you regularly use.

## TAKE NOTICE OF PUBLIC NOTICES !



## Take the plunge

To find out about the Adventure for All project and other activities at Shadwell Basin Outdoor Activity Centre call...

7481 4210



## Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

## Sport

### Boxing

#### Repton dinner date

THE only way is Essex for Repton Boxing Club who will face a Sunderland Select side in a special dinner show on November 14.

The club are switching from the East End to the Prince Regent Hotel, Chigwell, for the £50-a-head fundraising show.

This annual event will feature an auction and there will be celebrity guests.

For bookings, contact Barry Davenport on 07951 577755.

### Buglioni is back

**FRANK Buglioni** turned on the style at York Hall for his first win under new trainer Steve Collins.

The former Repton star, the current Southern Area super-middleweight champion, scored a sixth round technical knockout over Alexey Ribchev of Bulgaria and was always in control.

Ribchev was worn down by Buglioni's variety of punches and in round six, with Ribchev's eye badly damaged, the referee stopped the fight.

### Tennis

#### Coaching for kids

**LEE Valley Hockey and Tennis Centre** is trying to unearth the stars of tomorrow with its new Hotshots coaching programme.

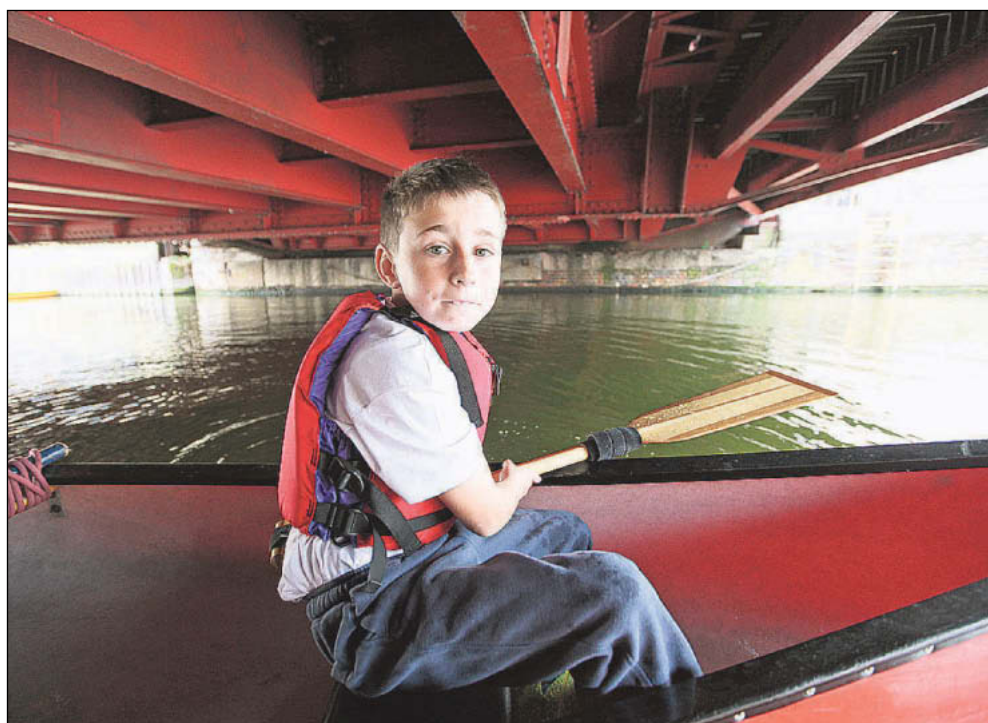
The junior coaching scheme will run every Saturday and enables budding tennis players to play for 90 minutes at the Queen Elizabeth Olympic Park for £3.

The pay and play sessions led by Lawn Tennis Association coaches will include drills, games and matches. Booking is not required.

The Saturday schedule is: 5- to ten-year-olds from 11am-12.30 and 11- to 16-year-olds from 12.30-2pm.

Sessions will run on the outside tennis courts throughout the year, including school holidays. The sessions will move inside when possible in the event of bad weather.

For more information about Hotshots and other activities go to [www.visitleevalleypark.org.uk/hockeytennis](http://www.visitleevalleypark.org.uk/hockeytennis)



Kyle takes a break from paddling



Alison takes a ride in a sailing dinghy



Canoeing proved popular on the day

# Youngsters set sail in an Adventure for All

BY PETER FAULKNER  
PHOTOS BY KOIS MIAH

**SHADWELL Basin Outdoor Activity Centre has launched its Adventure for All project – and many youngsters went along to enjoy their first taste of fun on the water.**

The centre, in Glarnis Road, Shadwell, has recently been given more than £100,000

to run schemes that benefit disabled people in Tower Hamlets and other areas of Docklands.

Project co-ordinator Rob Edwards organised a series of events giving youngsters the opportunity to try canoeing, rowing, kayaking and sailing. It was a full house for the

launch of the project with plenty more activities being lined up for the long-term.

One excited seven-year-old said: "This is the first time I have come to a sailing club and I didn't realise it could be so much fun."

To find out more about the Adventure for All project and other activities at Shadwell call Rob Edwards on 7481 4210.







## Life is tough at the top

"We made too many individual errors and, unusually for us, lost our focus. This is a harsh reminder to the squad that every game in the top division is tough. We will improve."

WAPPING COACH RYAN D'SOUZA

## Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

### Sport

# Big guns off to a stuttering start

BY PETER FAULKNER

**THE East End's senior hockey clubs kicked off their new campaigns at the weekend – and while there were no wins, there was cause for optimism.**

East London men's first team started the league season coming from behind at their new home at Lee Valley in the Queen Elizabeth Olympic Park to salvage a point, while Wapping led 2-0 and 4-2 before losing a nine-goal thriller.

The East London game against Bedford was a game of two halves. Bedford went ahead and were two up at the break.

In the second half Adam Lord produced a phenomenal work rate, put the Bedford defence under pressure, and was rewarded with a goal.

Sam Franklin also impressed, and Joe Green scored to give East London a point.

East London Ladies first team played out a goalless and well-matched first half at Holcombe before the floodgates opened.

The home side were awarded



East London HC first team

two penalty strokes and won 6-0, with Karen Allan picking up a yellow card. East's player of the match was Susanne Linder for cracking defensive play.

East London's only ladies Essex league game saw the third team dominate a draw with Brentwood, with Newcomer Rebecca Sobel scoring.

East London men's round-

up: The second team beat Chelmsford 4-2 despite missing a second-half penalty stroke.

East London were 2-0 up at half-time, with goals from captain Dominic Tyler and Alex Pooles. Chelmsford scored in the second half, Ali Bell struck again for East London and the visitors scored again with ten minutes to go. Man of the match Rob

Scarbrick settled East's nerves by diving to put in Tyler's cross for his debut goal.

The third, fourth and fifth teams each scored three times against Wapping. For the thirds, goals from Sean Channing, Stephen Johns and David Siddall were not enough as Wapping won by one. The fourth and fifth teams both won 3-1.

## Individual errors to blame as Wapping throw away points

WAPPING Men's first team twice led against Chelmsford but the Essex side fought their way back to steal the points in the final third of the match.

"We are very disappointed with the result and performance," said Wapping M1 coach Ryan D'Souza.

"We made too many individual errors and, unusually for us, lost our focus.

"To their credit, Chelmsford worked hard and were clinical with their opportunities.

"This is a harsh reminder to the squad that every game in the top division is tough. We will improve."

Wapping goalscorers: Phil Messent, James Fanger, Ben Gallagher, Grant Aidoo-Nash.

Wapping Ladies' first team made their debut in the East Conference Premier League and knew it was going to be a challenging match following their own promotion and Old Loughtonians' experience in

the league above. For 25 minutes Wapping soaked up waves of pressure with goalkeeper Mooch Perkins making important saves.

In the last ten minutes of the first half the home team made the breakthrough.

An attacking move resulted in the ball falling freely at the top of the D and a composed shot sent the ball across the goalkeeper and into the bottom left hand corner.

Old Loughts secured their lead a few moments later when another wave of attacks was rounded off with a superb reverse stick strike into the top right hand corner.

Wapping changed their tactics in the second half. A more positive attacking approach allowed the away team to defend higher up the pitch and also resulted in a couple of good chances. Although the half was much more even, the score remained 2-0.

### Soccer round-up

#### Goals joy for Gilroy

Stambridge Utd 0, FC Hamlets POAPC 4

FC HAMLETS maintained their place at the top of Division Three in the Essex Olympian League with a comfortable win away from home.

Twice in the first five minutes Gilroy should have scored and this should have served as a warning to the Stamford defence.

Hamlets continued to create and waste chances, then after 23 minutes Stamford had a player sent off.

However it took until the 42nd minute for the east Londoners to benefit, Gilroy with some neat footwork inside the box slotting the ball home.

Three minutes into the second period the lead was doubled when midfielder Casey picked the ball on the half way line before smashing a 25-yard drive into the top left corner of the net.

Within a couple of minutes Gilroy turned home a low cross to put the re-

sult beyond doubt. He then turned provider, breaking down the left flank, and cutting back for Lennon to score his first of the season.

#### With back on front line

Eton Manor 2, Tower Hamlets 1 TOWER Hamlets had four players back, including last season's top scorer Luke With.

With almost made an early impact, but his 20th minute shot was saved by the keeper.

Manor's first attack saw them take the lead from a 25-yard free kick.

Hamlets pushed forward with time running out and went two-down after a counter-attacking move.

Abdi reduced the deficit for Hamlets.

#### Cows seventh heaven

Tower Hamlets WFC 7, Islington Borough 0

TOWER Hamlets Women gained some real momentum in their league cam-

paign with a devastating win over Islington Borough at Millwall Park, taking them to fourth in the table.

The Cows found it nigh on impossible to play against eight women for the first 20 minutes of the game and, although they were in the Islington final third most of the time, they continually found themselves offside.

Carmel Pragnell broke the deadlock with her first of two goals. Captain Alex Milne added another within minutes, and Cows looked to have found their stride.

After the break, Milne beat three players straight from the kick-off and found the net with a beautiful lob.

Rebecca Brown scored the fifth, Milne grabbed another and Hannah Dalglish added the seventh.

#### Folkes fires hat-trick

QUEENSBIDGE started life in the Joshila Sports Premier Division of the East London Sunday League with a 8-1 win over Stoke Newington and

gained revenge for a 3-0 Jubilee Cup Final defeat last season. Player manager Lionel Folkes got a hat-trick.

Last season's runners-up Byron lost out to Stratford Juniors 2-1, Luke Samuels got the only goal for Byron while Sam Nelly got two. Newly promoted St Lucia beat Hackney Downs A 2-0. Champions Reama enjoyed a 1-0 victory over Hatch Lane with Jayden Kelly scoring the only goal.

In Division One Athletic Bow beat local rivals Young Prince, Jordan Lewis and Alfie Wren scoring for Bow and El Valiente pulled off a thrilling 4-2 victory over Vallance, thanks to Glen Barnard (2), Joe Dada and Freddie Hodgson. Sam O'Brien and Liam O'Hara got the goals for Vallance.

In the only other game Cranes drew 2-2 with FC Stepney and AC Nightingale beat New Ward Virtue.

#### Front runners win again

LAST weekend saw the start of the Inner London Football league Divi-

sion One and and Two as well as the second week of the Premier Division.

Beaumont and Tigers maintained their 100 per cent start with wins over SYA and Island respectively. Stepney and West End fought out a thrilling 3-3 draw.

In the first division, Bromley Juniors, Reachout FC and SCTA all got off to winning starts. The four Division Two matches yielded 37 goals – with Beaumont Youth's 10-0 win over St Katherine's B the highlight.

#### Mills makes certain

Westward Boys u-15s 2, Redbridge 0

WESTWARD Boys wasted no time stamping their authority on this match and were a goal up after five minutes.

Elliot Williams' free kick was nodded down in the box by Jermaine Anderson for Jamil Ntansah to tap in.

Ten minutes after the interval Dominic Mills slotted home the second from Keith Asante's through ball.





## More inside

For stories on sailing, hockey, football, boxing and more...

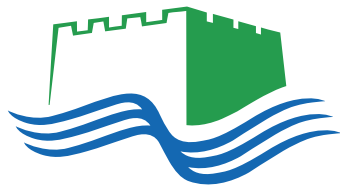
SEE PAGES 30 & 31



## Tower Hamlets trailblazer

Stepney born footballer Anwar Uddin attended Raine's Foundation School in Bethnal Green. He began his career at West Ham and returned to the club as a youth coach in 2013.

SEE BELOW



TOWER HAMLETS

# eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

## Join the search for a soccer star

BY PETER FAULKNER

**EAST London will this month become the focal point of a campaign to find a young Asian football star.**

On October 18, the London Docklands Powerleague in City Harbour, Isle of Dogs, will be the venue for an unusual talent-hunting initiative to find Asian football's answer to David Beckham and Wayne Rooney.

The Search-For-An-Asian-Football-Star competition, has been launched by TradeNext, a global financial trading company in the shadow of Tower Hamlets owned by Mohsin Jameel, who hails from Upton Park.

It is offering more than 500 young players the chance to showcase their skills in free training sessions with FA-qualified coaches.

There will only be one outright winner, but the 32 most promising players will compete against each other for the



Mohsin Jameel

top prize – a week at the TradeNext FootballCV Academy plus a week training at the Football Association's state-of-the-art home of soccer learning, St George's Park in Burton-on-Trent, Staffordshire.

Sessions will be divided into four age groups: under-12s, under-14s, under-16s and under-18s.

This is a once-in-a-lifetime opportunity for budding Asian

footballers in Tower Hamlets to show they are good enough for the top flight of English football at a time when the Football Association admits it is concerned at the lack of Asian players at professional clubs.

Mr Jameel said: "As a community they have contributed highly to various sectors, however in the field of football there remains a gap. We aim to bridge that gap and showcase future talent."

For more information, and to register for a free session at London Docklands Powerleague, go to [www.tradenextsport.com/promotions/search-for-an-asian-football-star/](http://www.tradenextsport.com/promotions/search-for-an-asian-football-star/)

Unwar Uddin from Tower Hamlets and Michael Chopra are the only players from an Asian background who have so far made the grade in professional football.



PAY-AS-YOU-GO Saturday training sessions have started at Bethnal Green's JOOLA Morpeth Table Tennis Club. The two-hour sessions for youngsters aged seven and older cost £2 for members and £4 for non-members. Bats and balls are provided. If you are planning to go along, email [festival@morpethttc.co.uk](mailto:festival@morpethttc.co.uk) or text your name and age to 07986 529810.



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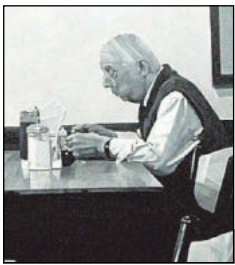
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## Eyes on the prizewinner

New exhibition of paintings by east London artist

SEE PAGE 5



## Lego® as you've never seen it

Your chance to win family tickets to new art exhibition

SEE PAGE 6



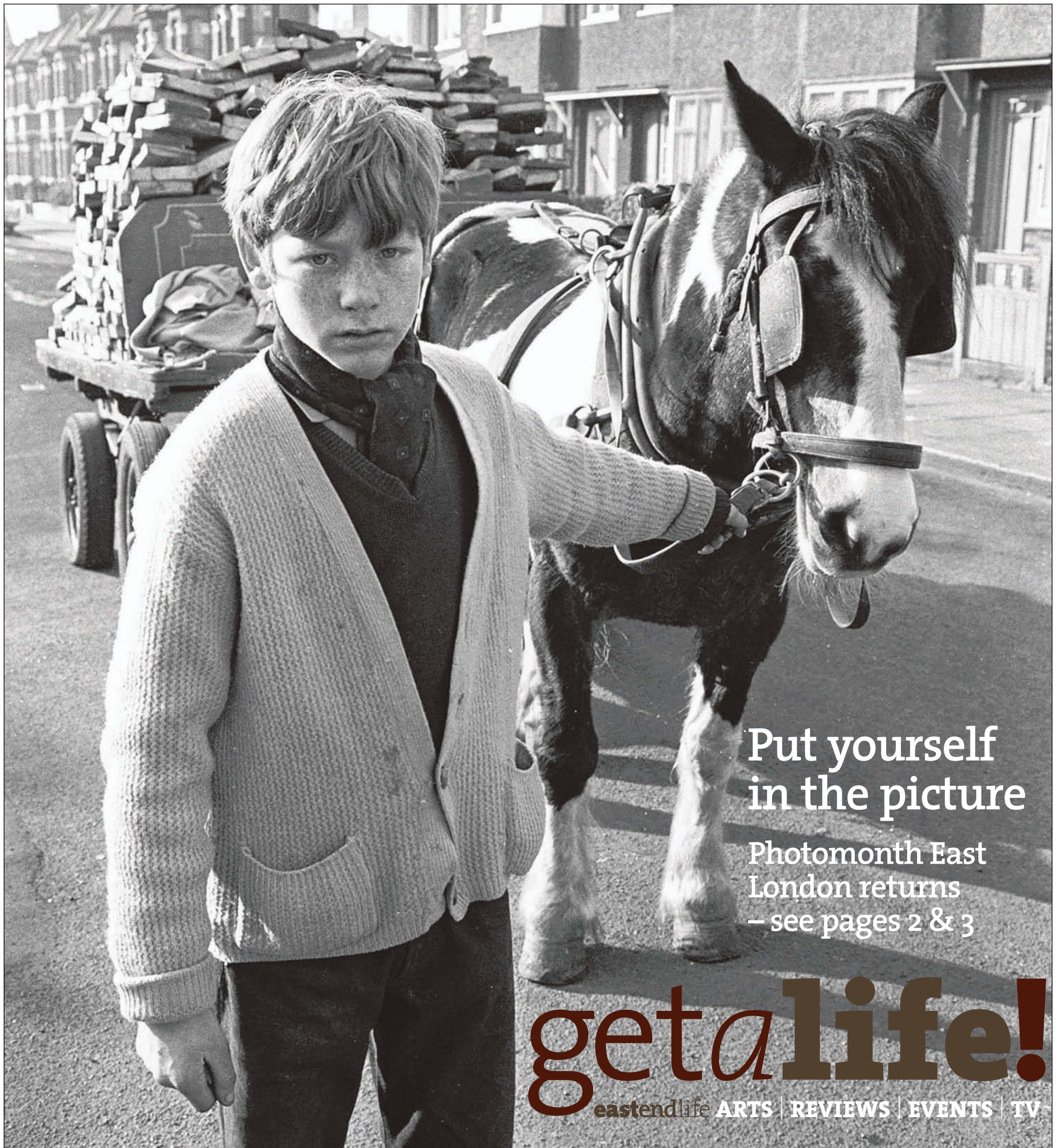
## Is the Pavilion price right?

Find out what our reviewer thought of Vicky Park café

SEE PAGE 7

ISSUE 1029 29 SEPTEMBER - 5 OCTOBER 2014

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Put yourself  
in the picture

Photomonth East  
London returns  
— see pages 2 & 3

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Photo: Steve Lewis



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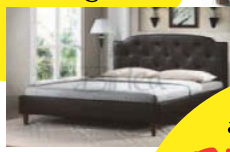
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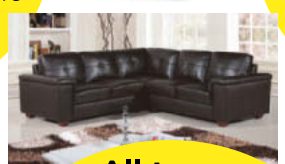
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## Rock star artist

Eighty-year-old artist Bridget McCrum's Granata work is carved from Kilkenny limestone and Carrara marble.

**BRIDGETMCCRUM.COM**

## Out & about

### Clubs

#### The Hydra: Bugged Out

A marathon six-hour set from Dusky forms the centrepiece of the latest night at the venue. Other highlights include performances from Trevino, Juan Atkins and Zed Bias. £15 (+b/f). Saturday, Oct 4. 10pm-6am.

Studio Spaces E1, Unit 2, 110 Pennington Street, Wapping. [www.residentadvisor.net](http://www.residentadvisor.net)

### Events

#### Balfon Tower: National Trust 'pop up'

The flat where Ernö Goldfinger, who designed Poplar's iconic tower, lived in 1968 will be open to the public for tours. Its interior has been furnished by designers Wayne and Tilly Hemingway in the style of the period.

The 27-storey block was finished the year before. Other events to wrap up Balfon Season include pop-up dining events, tours and dinner debates.

Flat 130 tours run between Oct 1-5 and 8-12.

[www.nationaltrust.org.uk/london](http://www.nationaltrust.org.uk/london)

#### Black History Month

More than 75 events throughout the month range from free film screenings to a live music performance by Ebo Taylor. On October 17-24, Oxford House in Bethnal Green hosts Somali Week Festival, a programme of events celebrating Somali arts and culture. To see the full festival schedule, visit [www.towerhamlets.gov.uk/arts](http://www.towerhamlets.gov.uk/arts) or pick up a copy of the brochure from an Idea Store.

[www.blackhistorymonth.org.uk](http://www.blackhistorymonth.org.uk)

### Exhibitions

#### 504 Gallery

The Roman Road gallery looks at new modes of interpreting female approaches to painting. Dovile Jaksaite from Lithuania, Annal Pallares from Barcelona and Wendy Pietsch all contribute works. Free. 9am to 8pm daily. Until Oct 21.



RETIRED newspaper photographer Steve Lewis (images above and front) has produced three books charting the changes in the East End since the 1960s. His work will be at Photomonth Photo-Open at Rich Mix, Bethnal Green Road, E1. He will give a talk at Bishopsgate Institute on October 28 at 7.30pm. Visit [www.stevelewisphotography.com](http://www.stevelewisphotography.com) Books are available from [www.thehistorypress.co.uk](http://www.thehistorypress.co.uk)

504 Roman Road, E3.

#### Dan Jones exhibition

Retrospective of the local artist's paintings and posters spanning more than 40 years. Free. Until Nov 12.

Tower Hamlets Local History Library and Archives, 277 Bancroft Road, E1. 7364 1290

#### Past Present

A sweeping look back through the career of sculptor Bridget McCrum. The 80-year-old artist's works range from an early carving of a dog, made when McCrum was 16, through to large bronzes and stone carvings produced this year. Free. Until Nov 14. 5.30am until midnight Monday to Friday and 7am-11.30pm on Saturdays and Sundays. Lobby, One Canada Square. [www.bridgetmccrum.com](http://www.bridgetmccrum.com)

#### Sugars, Protein and Salt (Perfect Fried 1)

Exhibition by Sophie Lee uses collage and two-part video

work to probe our society's throwaway culture. Until Oct 5. Free.

IMT Gallery, 210 Cambridge Heath Road, E2.

[www.facebook.com/IMTgallery](http://www.facebook.com/IMTgallery)

#### The Art of the Brick

Nathan Sawaya uses over one million pieces of lego in more than 80 sculptures including such famous pieces as the Mona Lisa and Michelangelo's David. £16.50. Until Jan 4. Old Truman Brewery, 91 Brick Lane, E1.

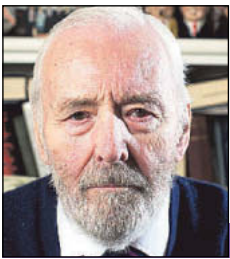
[www.artofthebrick.co.uk](http://www.artofthebrick.co.uk)

### Films

#### Tony Benn: Will and Testament

Feature-length picture paying tribute to the longest serving Labour MP in history, who died earlier this year. The screening will be followed by a panel discussion and a Q and A, which will be broadcast live to other venues. £12/£10. Sunday, October 5. Doors open 4pm. Genesis cinema, 93-95 Mile





## A giant of British politics

Tony Benn was president of the Stop the War coalition. An MP for 51 years, Benn served as a cabinet minister in both the Harold Wilson and James Callaghan administrations.

SEE BELOW



## Lenny's show

Rudy's Rare Records stars Lenny Henry and Jeffrey Kissoon.

TICKETS ON 8985 2424

### Out & about

# Festival focuses on the East End

BY JAMES MARTIN

**PHOTOMONTH East London is back. The international photography festival, which took a break in 2013, is using Imagining the East End as its theme this year.**

Whitechapel's Cass Gallery launches the two-month programme and boasts a collection of pictures old and new inspired by the East End Archive.

Its month-long exhibition, which opens on October 2, is titled ARCHIVE: Imagining the East End and is curated by Sue Andrews and Mick Williamson.

The show features works by Don McCullin, Jenny Matthews, David Hoffman, Susan Andrews, Steven Berkoff and Mike Seaborne among others.

Additionally, the exhibition profiles other local historical archives including Tower Hamlets History Library, Bishopsgate Institute and Whitechapel Gallery.



Women waiting at a bus stop by Sue Andrews – East End Archive

Meanwhile more than a dozen other major exhibitions and many more supporting events – including talks, workshops and walks – are being held across east London, at venues including Rich Mix and the

V&A Museum of Childhood. Photomonth East London runs from October 1 until November 30.

Nearly all of the events are free. For listings and more information, visit [www.photomonth.org](http://www.photomonth.org)

For a free festival brochure email Alternative Arts, which produces the festival, at [info@alternativearts.co.uk](mailto:info@alternativearts.co.uk) or call 8800 6665.

Cass Gallery is at 59-63 Whitechapel High Street, E1.

■ ARCHIVE: Imagining the East End can be viewed Monday to Friday from 12-7pm, Saturdays from 12-5pm and Sundays from 12-4pm.

To find out about the East End Archive, an online resource for artists, designers, and researchers, visit [www.eastendarchive.org](http://www.eastendarchive.org)

■ PHOTOMONTH is calling for entries to this year's PHOTO-OPEN exhibition at Rich Mix in Bethnal Green.

It is open to all photographers, professional and amateur.

This year's theme is Imagining the East End. For inspiration visit [www.eastendarchive.org](http://www.eastendarchive.org)

All entries will be screened throughout the exhibition and a number will be printed and hung in the gallery.

A public vote will decide the best image and the winning photographer will be given two tickets to the Sony World Photography Awards in London 2015.

Download the entry form from [www.photomonth.org](http://www.photomonth.org) or email [info@alternativearts.co.uk](mailto:info@alternativearts.co.uk)

End Road, E1.  
7780 2000.

### Music

#### Pharrell Williams

American producer, rapper and singer comes to the London leg of his European tour titled Dear GIRL. Fans might expect some of his biggest hits to date, from Lookin' at Me to Happy.

Thurs 9, Fri 10. The O2,  
Peninsula Square, SE10.  
8463 2000

### Talks

#### Battle of Ideas Satellite Discussion: Gentrification

Debate looking at effects of gentrification, particularly in east London. Issues include corporate-sponsored 'hipster gentrification' and east

London's Tech City.  
Free, but booking is essential.  
Oct 14. 7pm-8.30.  
The Nunnery Gallery, 181 Bow  
Road, E3  
[www.battleofideas.org.uk](http://www.battleofideas.org.uk)

### Theatre

#### Belfry

Third part of Billy Roche's  
Wexford Trilogy. Roche's story  
is told in a confessional style of

the first love of a man who has  
not really lived until a married  
woman shows him how. Until  
Oct 4. 7.30pm. £14/£12.  
Discounts available to E14  
residents.  
The Space, 269 Westferry Road,  
Isle of Dogs.  
7515 7799.

#### Listen, We're Family

Revival of Jewish comedy by  
north London arts group JW3.

The production sees actors,  
listening to headphones,  
recreate the dialogue of a  
Jewish family. Ages 12+. Oct 14-  
25. £16.50/£12.50.  
Wilton's Music Hall,  
1 Graces Alley, E1.  
[wiltons.org.uk](http://wiltons.org.uk)  
7702 2789

#### Rudy's Rare Records

Lenny Henry's latest comedy  
project comes to the stage. The

story tells of the trials and  
tribulations of a family-run  
record store which is under  
threat from property  
developers. Based on the  
popular Radio 4 sitcom.  
£10-25. Until Oct 5. 7.30pm  
Tues-Sats, 3pm Sats and 5pm  
on Sunday.  
Hackney Empire,  
291 Mare Street, E8.  
[www.hackneyempire.co.uk](http://www.hackneyempire.co.uk)  
8985 2424

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## OCTOBER 2014 PROGRAMME OF EVENTS

### COMEDY CLUB 4 KIDS

TUESDAY 28 OCTOBER / 6.30PM (DOORS 5.45PM)  
WORKSHOP 3-4.30PM / EAST WINTERGARDEN  
PRICES VARY

AFTER HOURS WITH...

### CHRIS DIFFORD & GLENN TILBROOK

WEDNESDAY 29 OCTOBER / 7.45PM (DOORS 7PM)  
EAST WINTERGARDEN / £25

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CANADA SQUARE PARK / PRICES VARY

AFTER HOURS WITH...

### ED HARCOURT

TUESDAY 11 NOVEMBER / 7.45PM (DOORS 7PM)  
EAST WINTERGARDEN / £18

### CANARY WHARF COMEDY CLUB

WEDNESDAY 12 NOVEMBER / 7.15 (DOORS 6.30PM)  
EAST WINTERGARDEN / £12

FOR MORE INFORMATION VISIT  
[CANARYWHARF.COM](http://CANARYWHARF.COM)

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[icerinkcanarywharf.com](http://icerinkcanarywharf.com)

Booking fees apply.  
All details correct at time of press.



# A Shore thing?

Shakespeare's first plays may have been performed in Shoreditch, where he lived for a time as a young man.

SEE BELOW



# Bewitching entertainment

The Weird Sisters, by Rift theatre company, also plays at the British Museum on October 10. It is one of ten new plays at the Shakespeare Shoreditch festival.

SEE MACBETH.IN

## Get a Life!



EVENTS in October tend to take a ghoulish turn and that's certainly the case for Rift's latest Macbeth spin-off. The immersive theatre company last put the spooks on theatregoers when the Three Witches appeared in the underground car park of Balfour Tower in Poplar last summer as part of a sell-out run. In Rift's latest offering, the terrifying trio have gone solo and pick up their own story. It's one of a string of Shakespeare in Shoreditch, the troupe's latest project celebrating the Bard's connections with the area. The Weird Sisters is at Rich Mix, 35-47 Bethnal Green Road, E1, on October 3. The show, which starts at 8.30pm, costs £4. Visit [www.macbeth.in](http://www.macbeth.in) for tickets and to see the full line-up.

### Dance

#### Argentinian tango E14

Class. Sat 1-5pm. £5.  
St John's Community Hall,  
37 Glengall Grove, E14.  
7538 3852

#### Ballroom/Latin American

Fri, 1.45-3.45pm, £5, free  
refreshments. No beginners.  
Kingsley Hall, Powis Road, E3.  
8550 1392

#### Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm.  
Free.  
Alpha Grove Centre,  
Isle of Dogs, E14  
7538 1714

#### Energize4Girlz

South African gumboot  
dancing.  
Every other Saturday from  
11am-12.30pm.  
St Pauls Shadwell Church, 302

The Highway, E1.  
[energize4girlzdance@gmail.com](mailto:energize4girlzdance@gmail.com)

#### Green Candle Senior Dance

Over-60s, no experience is  
necessary.  
Tues, 10.30am-12.30pm, one  
free taster session.  
Oxford House, Derbyshire  
Street, E2.  
7739 7722

#### Salsa

For dancers of all experience,  
beginners welcome, followed  
by dancing until midnight.  
Prices vary. Free first class for  
ladies.  
Every Weds, 7.30-9.30pm.  
The Urban Bar,  
176 Whitechapel Road, E1.  
07932 658861

#### Swing Dance

All ability levels welcome.  
Every Fri, 7-9pm.



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## The way we were

Steve Lewis' books illustrate working-class life in the East End. Many of the locations have changed beyond recognition and his work gives a fascinating glimpse of life of the way it was.

[WWW.THEHISTORYPRESS.CO.UK](http://WWW.THEHISTORYPRESS.CO.UK)



## A winner

This portrait by Nathan Eastwood won the East London Painting Prize.

SEE BELOW

## Get a Life!

£7 per person or £10 for a lead/follow couple.  
The Hall, St Margaret's House,  
21 Old Ford Road, E2.  
8980 2092

### Zumba classes

Every Tues 11.15am-12.15pm.  
Healthy living sessions every  
Fri, 11am-3pm.  
St Matthias Community  
Centre, 113 Poplar High St, E14.  
7515 8362

## Kids

### Dance play

Dance and movement for  
parents/carers and children  
aged 1-5. Tues, 1.45-2.45pm,  
£1.50 (concessions available).  
Language of Dance Centre,  
Oxford House, Derbyshire  
Street, E2.  
7749 1131

### Ballet

Classes every Thurs – ages 3-5  
yrs, 3.50-4.25pm, £4; ages 6-11  
yrs, 4.25-5.10pm, £4.  
Alpha Grove Centre, Isle of  
Dogs, E14.  
7538 1714

### Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm.  
Tower Project, 45-55 White  
Horse Road, E1.  
[naima@towerproject.org.uk](mailto:naima@towerproject.org.uk)  
7790 9085

### Kids' Creative Dance Classes

Mini-movers, 2-3yrs; leaps and  
strides I, 4-5yrs; leaps and  
strides II, 5-6yrs; dash, 7-11yrs.  
Sat mornings. £44-49.50 per  
term or £4.50/£5 per term, plus  
concessions.  
Chisenhale Dance Space,  
64-84 Chisenhale Road, E3  
8981 6617

[chisenhaledancespace.co.uk](http://chisenhaledancespace.co.uk)

### Pollyanna Training Theatre

Drama and musical theatre for  
ages 4-16 in Wapping, E1.  
7481 1911

### Rhyme time

Thurs, 2-3 pm.  
Watney Market Library,  
30-32 Watney Market, E1.  
7790 4039

### Young & talented?

Performing arts group for 6-16  
year olds. Sats, 10.30am-  
1.30pm, term-time.

# Prize painter explores the everyday in black and white

BY JAMES MARTIN



## THE winner of the East London Painting Prize is set to present his solo exhibition at Bow's Nunnery Gallery.

Nathan Eastwood came first in the  
inaugural contest in May and, in do-  
ing so, beat more than 300 submissions  
from across east London.

As well as pocketing the £10,000 first  
prize, the Newham-born artist is now  
looking forward to his work going on  
display in an exhibition between  
October 10 and December 21.

Eastwood said: "Winning the East  
London Painting Prize has been a huge  
boost.

"I've been able to invest a much  
larger proportion of time in painting  
and producing new works which are  
larger in scale."

The winning painting, *Nico's Café*,  
was inspired by a spot around the cor-  
ner from his studio in Bethnal Green.

It and others exploring the minuti-  
ae of everyday life are in the exhibition.

The artist, who graduated from  
London's Byam Shaw School of Fine Art  
in 2009, has exhibited at many shows  
including last year's Royal Academy of  
Arts Summer Exhibition.

Eastwood's solo exhibition, which is  
free, will run at the Nunnery Gallery  
six days a week (excl Mondays) from  
10am to 5pm at 183 Bow Road, E3.

For more on the gallery see  
[www.bowarts.org](http://www.bowarts.org)

Oxford House, Derbyshire  
Street, E2.  
8556 5348

## Parent & child

### Dance play

Dance and movement, songs  
and rhymes for parents/carers  
and their children aged 1-5.  
Weds, 10.30-11.30am, term-  
time only. Cost £2 per child (in  
adv) or £3.50 drop-in rate,  
discounts available. Language  
of Dance Trust, Oxford House,  
Derbyshire Street, E2.  
7749 1131

### Toyhouse library

Mons, 1.30-3.30pm, Halley  
Primary School, Halley Street,  
E14. Tues, 2-3.30pm, Cayley  
School, Aston Street, E14. Weds,  
9.20-10.45am, Harry Roberts  
Nursery, Harford Street, E1.  
1-2pm, TH Opportunity  
Playgroup, 583 Commercial  
Road, E1. 9-11am, Old Church  
Nursery, Walter Terrace, E1.  
9-11am, Alice Model Nursery  
School, 14 Beaumont Grove, E1.

### Yoga for pregnancy and mums and babies

Pregnancy class suitable from

14 weeks. Mums and babies  
classes suitable from six weeks.  
07958 645978

## Social

### Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds,  
1-4pm.  
50 Saltwell Street, E14.

### Fern Street Settlement

Fern Street, E3.  
7987 1949

### Golden Ladies

Pensioners group for bingo

and social. Weds, 2-4pm.  
Isle of Dogs Bowls Club,  
Millwall Park, E14.  
7987 6824

### Little Spitz' under-5s playgroup

Weds, 10am-12pm, 50p.  
Tours and stories.  
Spitalfields City Farm,  
Buxton Street, E1.  
7247 8762

### 3 Bees Café

Healthy vegetarian and fish  
dish, served for just £3,  
takeaways available.

Tuesdays, 4-8pm.  
Kingsley Hall Community  
Centre, Powis Road, E3.  
07501 468 193

### Tower Hamlets U3A

Tower Hamlets University of  
the Third Age offer courses for  
over-50s to learn T'ai Chi, jazz  
appreciation, art appreciation,  
history walking and more. £10  
yearly membership.  
Various days and times.  
St Margaret's House  
Settlement, 21 Old Ford  
Road, E2.  
7247 4283





## Brickin' it!

Exhibits include more personal works dedicated to the human body.

SEE BELOW

## You've got to be in it to win it...

To enter the competition below, send your name, address and phone number on a postcard, with the right answer, to: East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG or email...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

### Reader offer

# Truman show that's a real blockbuster

BY STAFF REPORTER

**ART structures created from the world's favourite plastic toy brick have gone on display at the Old Truman Brewery in Brick Lane as part of an acclaimed exhibition.**

Artist Nathan Sawaya has used more than one million pieces of Lego® to create The Art of the Brick, which has wowed millions across the world.

Exhibits include replicas of famous artworks such as Leonardo da Vinci's the Mona Lisa and Michelangelo's David as well as more personal works dedicated to the human body.

And for his UK audience, Nathan has



created striking pieces including a red telephone booth, complete with an old fashioned dial phone, and two famous British bands.

At turns fun, contemplative and thought-provoking, the exhibition offers an impressive breadth of artworks for all ages.

The Art of the Brick runs until January 4, 2015.

For tickets and further information visit <http://artofthebrick.co.uk/>

East End Life and The Art of the Brick have two sets of family tickets to give away for the exhibition.

To enter a prize draw for a set of tickets, answer the following question and either email or post your entry, including your full name, address and telephone number to Brick Competition at the email or postal address above by 5pm on Monday, October 13.

Only one entry per household, multiple entries will be disqualified. Other terms and conditions apply.

**Q. What is the name of the plastic toy brick used to build the structures in Nathan Sawaya's exhibition?**



The swimmer and a Lego® T-Rex



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## Five good reasons to eat five a day?

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### Eating out, eating in

# Great food but is £8 for lunch in Eg a bit steep?

BY AVARICIOUS ARCHIE

ON one of those early September days when the weather can't decide whether it is still summer or autumn, my resident lunch pest and I visited Victoria Park with the ultimate aim of sampling the fabled delights of the Pavilion Café.

The park looks lovely – the lush greens and autumnal, golden browns are glorious. And the clean-looking pond forms an attractive centrepiece.

The quiet calmness is only punctuated by walkers, joggers, skaters, cyclists and perambulators, all going about their business seemingly without a care in the world.

On arrival at the Pavilion, we find it achingly trendy, staffed by hipsters, in a setting that isn't the most ergonomic or user-friendly.

Staff appear 'too cool for school' – while not being rude, they are a bit aloof, chiding the uninitiated in the intricacies of their serving



The tasty sweetcorn pancakes at the Pavilion

system and their bill of fare.

To be honest, there was much here not to like and I was itching to pen a review saying so. But Archie calls it as he sees it and, the most important element of the dining experience – the food – makes this place well worth a visit.

My partner in crime ordered sweetcorn pancakes with a side salad which, at £8 in a park in Eg, seems a little steep. But the pancakes were good, snarfed so quickly that I was afraid to ask for a morsel for fear I'd be hurt in the maelstrom that she created. This dish was fresh and

very tasty, especially the salad dressing.

I ordered the beef salad, which consisted of meat cooked rare to medium, with beetroot (something of an acquired taste but the earthiness worked here) and assorted leaves.

Although hitting the spot taste-wise, it didn't quite fill, but I am a big guy. However, at £10, it did seem a little steep for a meal leaving me hungry.

I'm guessing from the other clients on the day – hipsters and lunching ladies – paying £20+ for a lunch/brunch in Eg is little problem.

This may just be evidence of a changed demographic in the area – and maybe it's me that's out of step, not them.

There is enough remaining on the menu to warrant a future visit and, if I am at a loose end and feeling flush, I will revisit to see if my view stays the same.

Two ate and drank for £21.50.

The Pavilion Café is in Victoria Park, on the corner of Old Ford Road and Grove Road, Eg. Tel: 8980 0030.

## Aubergine adventures

AUBERGINES are in season in September, at their best in terms of flavour.

They provide a good source of fibre and folic acid. This dish is versatile as it can be enjoyed at lunch or as an evening meal.

There are many good reasons to eat your five a day – veg are



full of vitamins, cut the risk of heart disease and cancer, and are delicious!

### Spinach & aubergine with couscous – serves 4

#### Ingredients

1 medium red onion, diced  
2 tbsp rapeseed/vegetable oil  
2 garlic cloves, crushed and chopped  
1 tin chopped tomatoes  
1 aubergine, chopped into cubes  
500g spinach, fresh or frozen  
2 tbsp curry powder, turmeric or

garam masala  
1 tbsp chilli powder, or more depending on preference  
1 tbsp ground ginger  
4 lightly toasted wholemeal pitta breads  
180g couscous  
240ml boiled water

#### Method

1. Add 1 tablespoon rapeseed/vegetable oil to a frying pan. Cook the onions on a medium heat for ten minutes until soft, add the garlic and spices and cook for a further two minutes.  
2. Place the aubergines, chopped tomatoes and spinach in the pan, cover with a lid and cook on a low heat to simmer for 15 minutes.

3. Place the couscous into a large bowl, add 240ml boiled water, and cover with tin foil for five minutes. Add the rest of the rapeseed oil and and fluff gently with a fork.  
4. Once all food is ready, place on a dinner plate and serve with warmed, wholemeal pitta bread.

By Kate Sparkes, associate nutritionist, Barts Health NHS Trust

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# OPEN EVENTS

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### OPEN EVENING:

**Wednesday 1st October 2014**  
**4:30-7:00pm**  
**Headteacher's talk - 6:30pm**

### OPEN MORNINGS:

**Wednesday 8 October 2014, 9:00-10:30am**  
**Tuesday 14 October 2014, 9:00-10:30am**

**Morpeth is a co-educational school for pupils aged 11-18**



**[www.morpethschool.org.uk](http://www.morpethschool.org.uk) | @MorpethSch**

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